best breakfast for mind and body

[redacted]

for Bb Clarinet Quartet

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INSTRUMENTATION

Bb Clarinet 1

Bb Clarinet 2

Bb Clarinet 3

Bb Clarinet 4

PERFORMANCE NOTE

B.3 Overtone slide - lock into and oscillate between overtones of given pitch ad. lib.
B.13 Growls - growls may be added ad. lib.
B.22 Characteristic large glissando - while performing technique, "peek" out of the texture with high tones
B.28 a. Sway between two tones of multiphonic, choosing the multiphonic at your own discretion with given tones
b. Bb 2+4 can engage in scalar runs ad. lib.
B.33 Transition from air to microtonal trill, in fashion described in ossia
B.43 Bb 4 will add growls and noise alterations into tone ad. lib.
B.63 Add staccato interruptions into held tones ad. lib.
B.87 Alternate between sotto voce and voiced tone, similar to squeaky door
B.142 Spoken word
B. 160 Oscillate between overtones (Overtone slide), incorporating slaptongue and pops ad. lib.
B.192 Air sounds, with a heavy performative element
B.195 Create unholy and disgusting sounds of sickness into the clarinet

As best breakfast for mind and body progresses, 24-EDO becomes prevalent. Do not fret, approximations are absolutely acceptable, if not encouraged. Similarly, mimicry of the spoken text is equally an approximation; explore rhythmic phrasing alongside the electronics with liberty.

PROGRAM NOTE

Given the fact that I am 25 years old, I am permanently "locked" out of ever experiencing a time before 1998. People say that the past held amazing qualities, that it's what life today ought to be, and others say it carried great, and very real, danger. I tend to believe them, and really have no choice in the matter considering I am "locked" to whereabouts now'o'clock. To me, bits of media from the past are ghosts invading our full-color-spectrum world; viewing these remnants on our modern devices feels odd, with the highest possible fidelity available on a commercial budget tasked with resurrecting old images and sounds. It is also funny to note that today's composers share this same relationship to their craft, but in reverse.

The point of the matter, say no to cigarettes.

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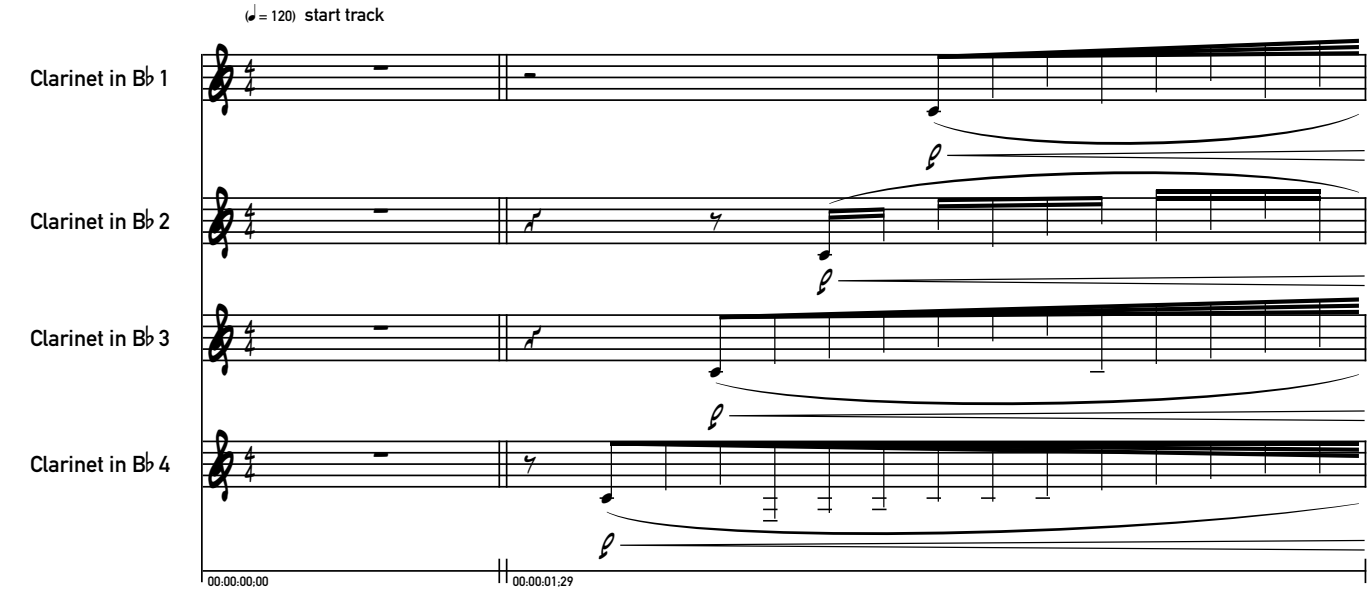
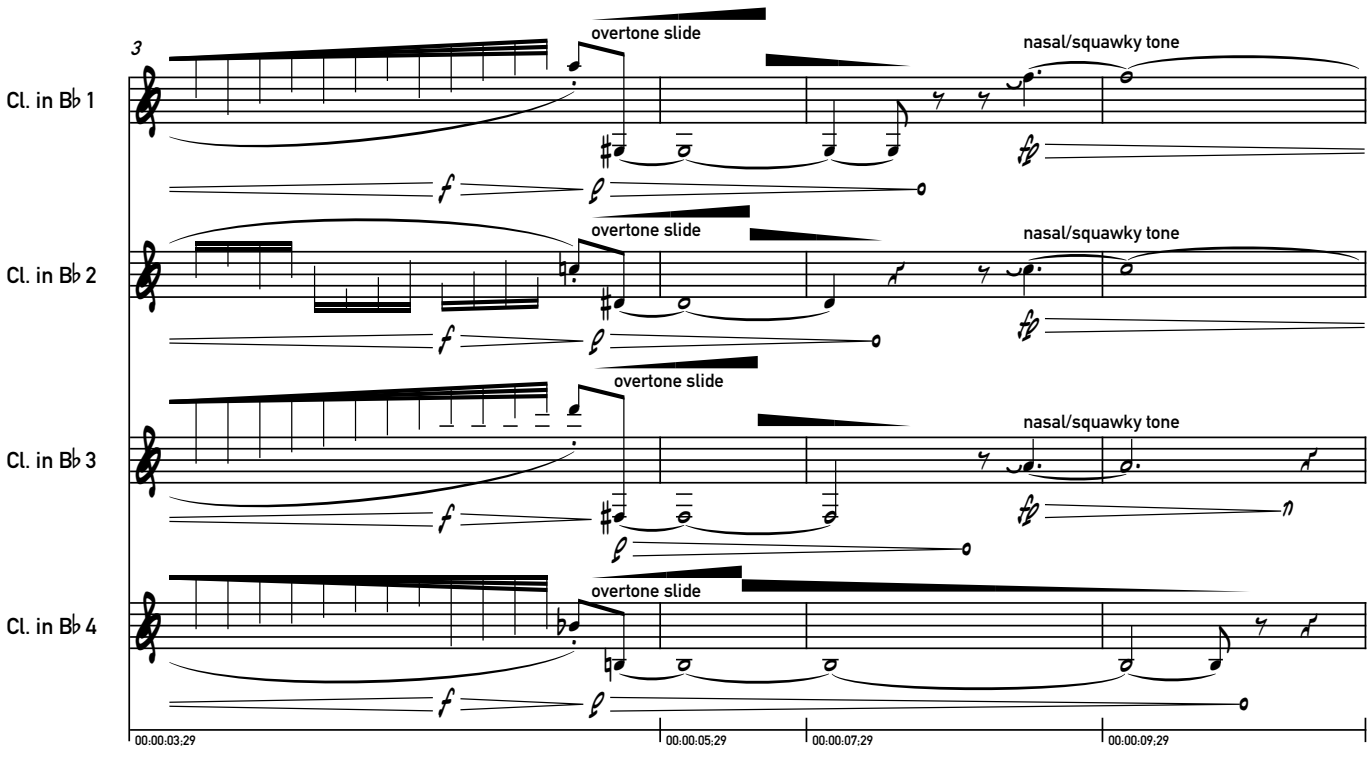
best breakfast for mind and body

transposed score: for Bb Clarinet Quartet [redacted]





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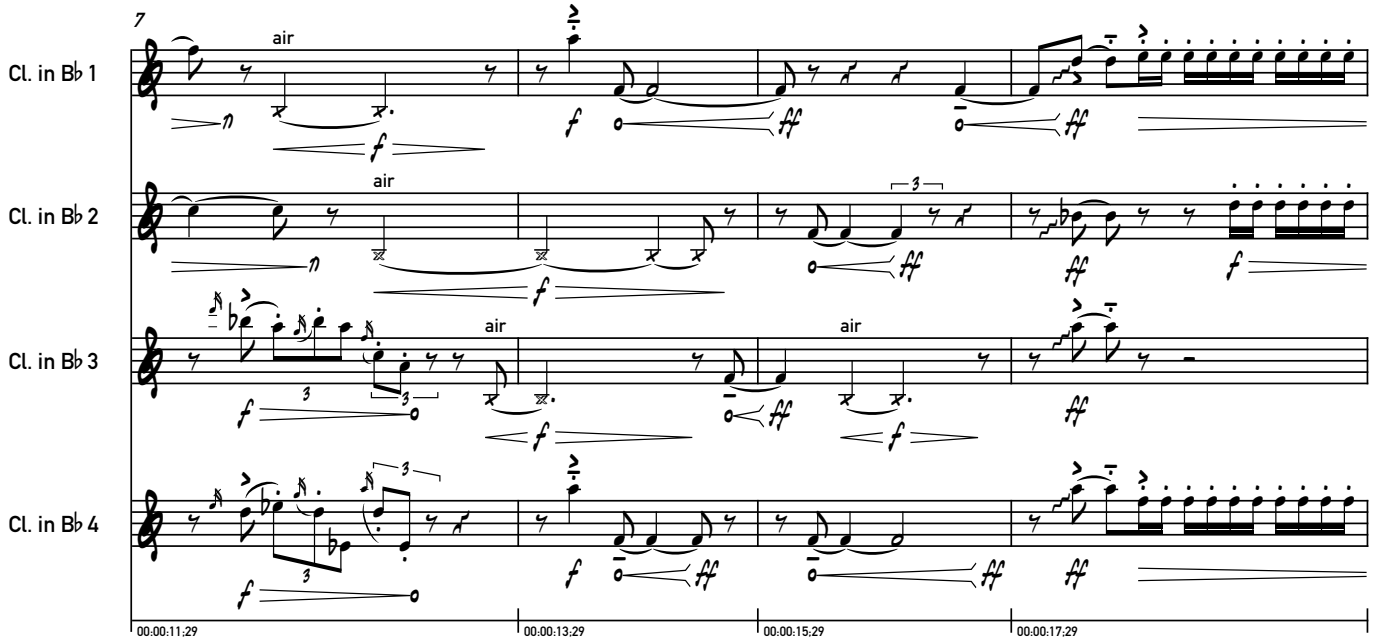
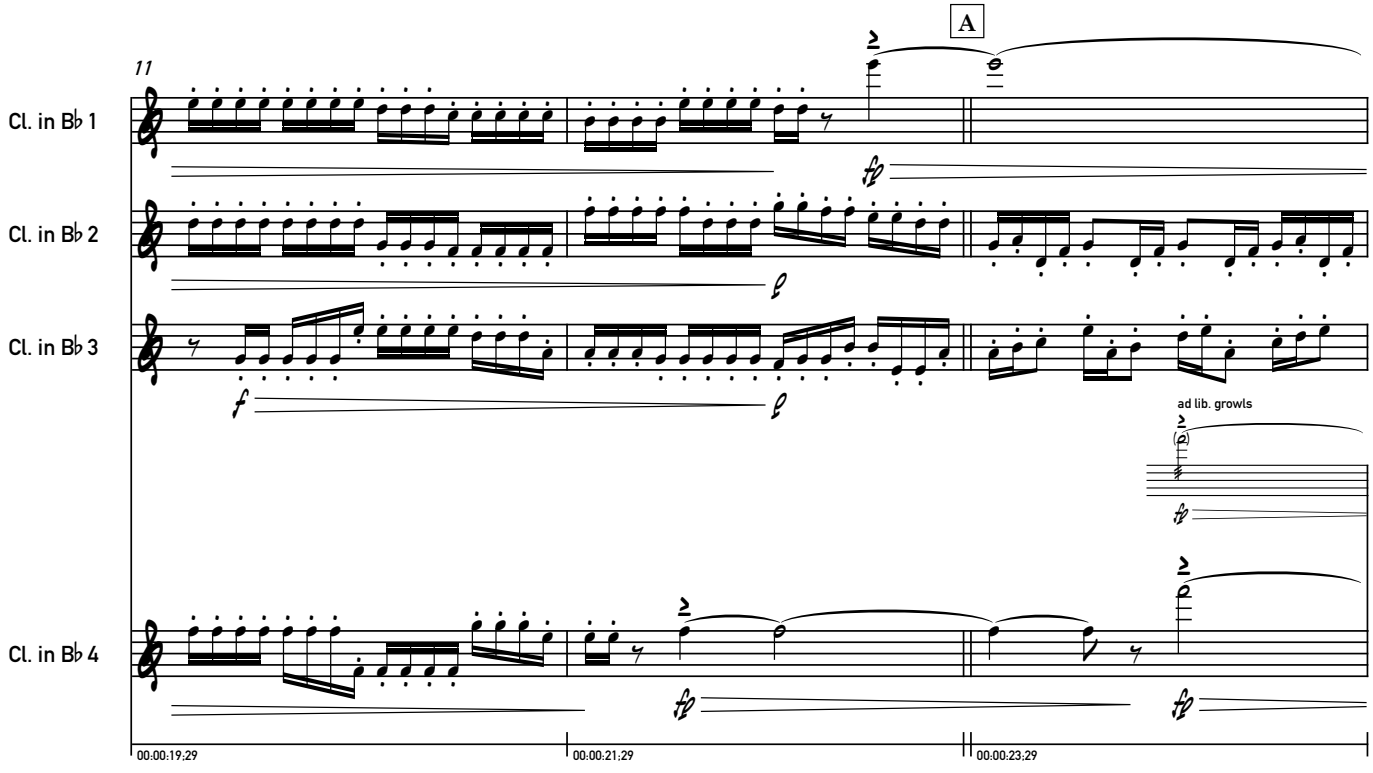
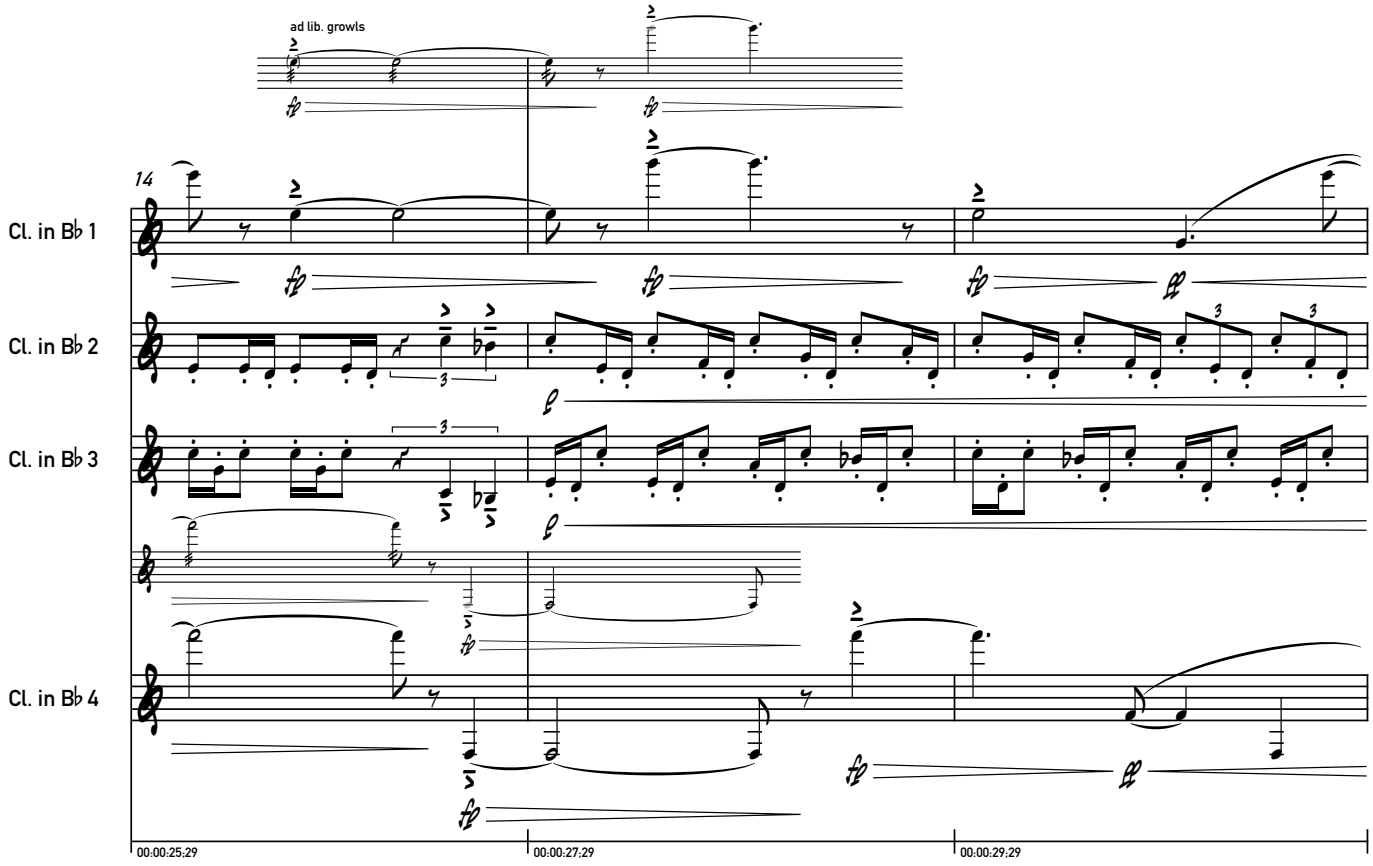
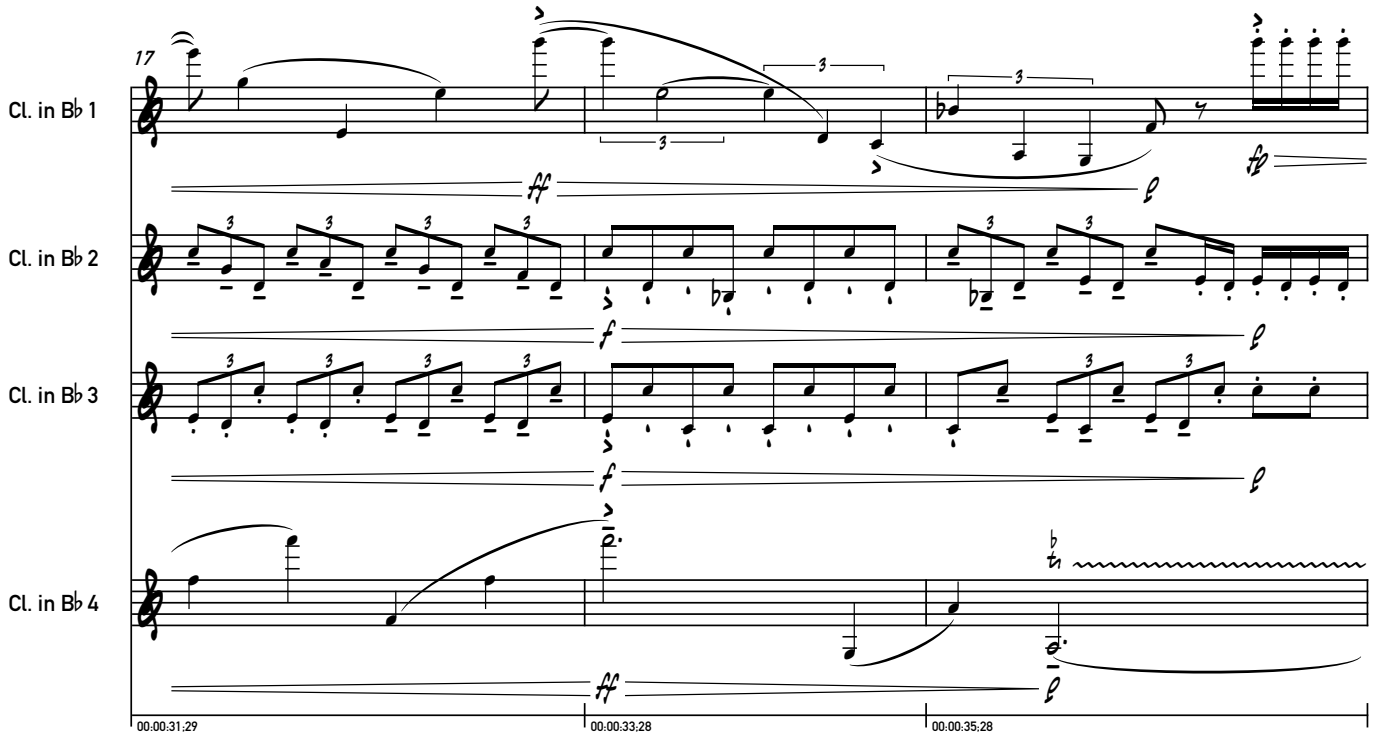
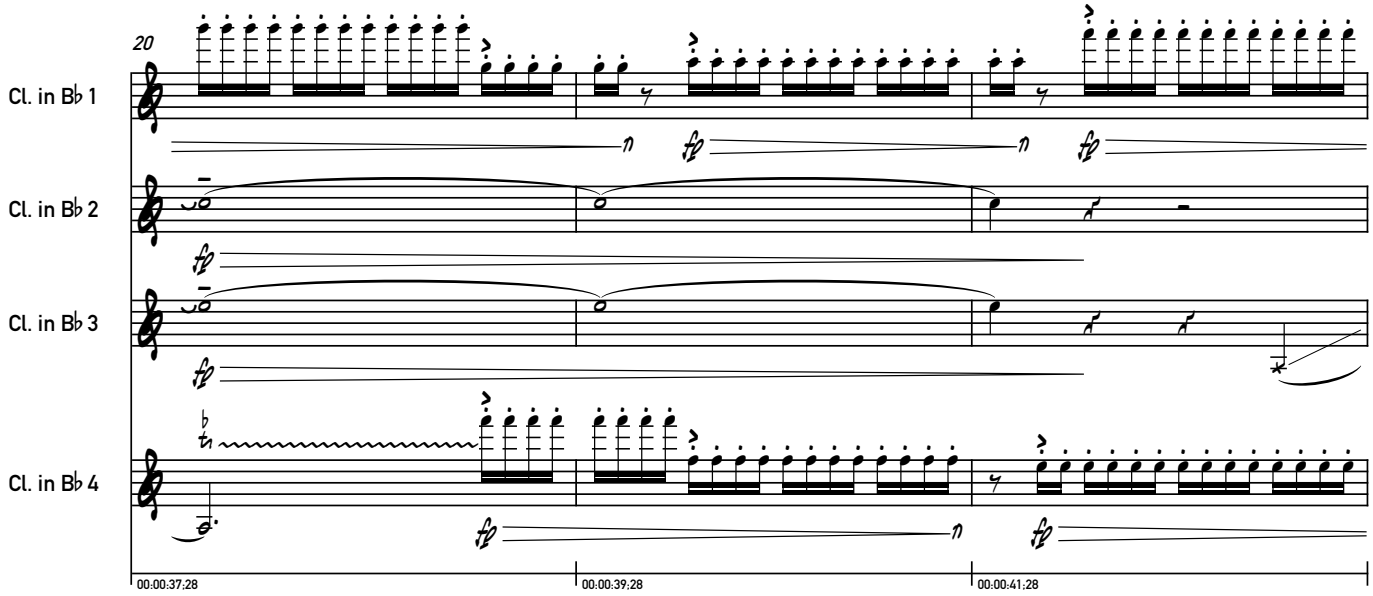
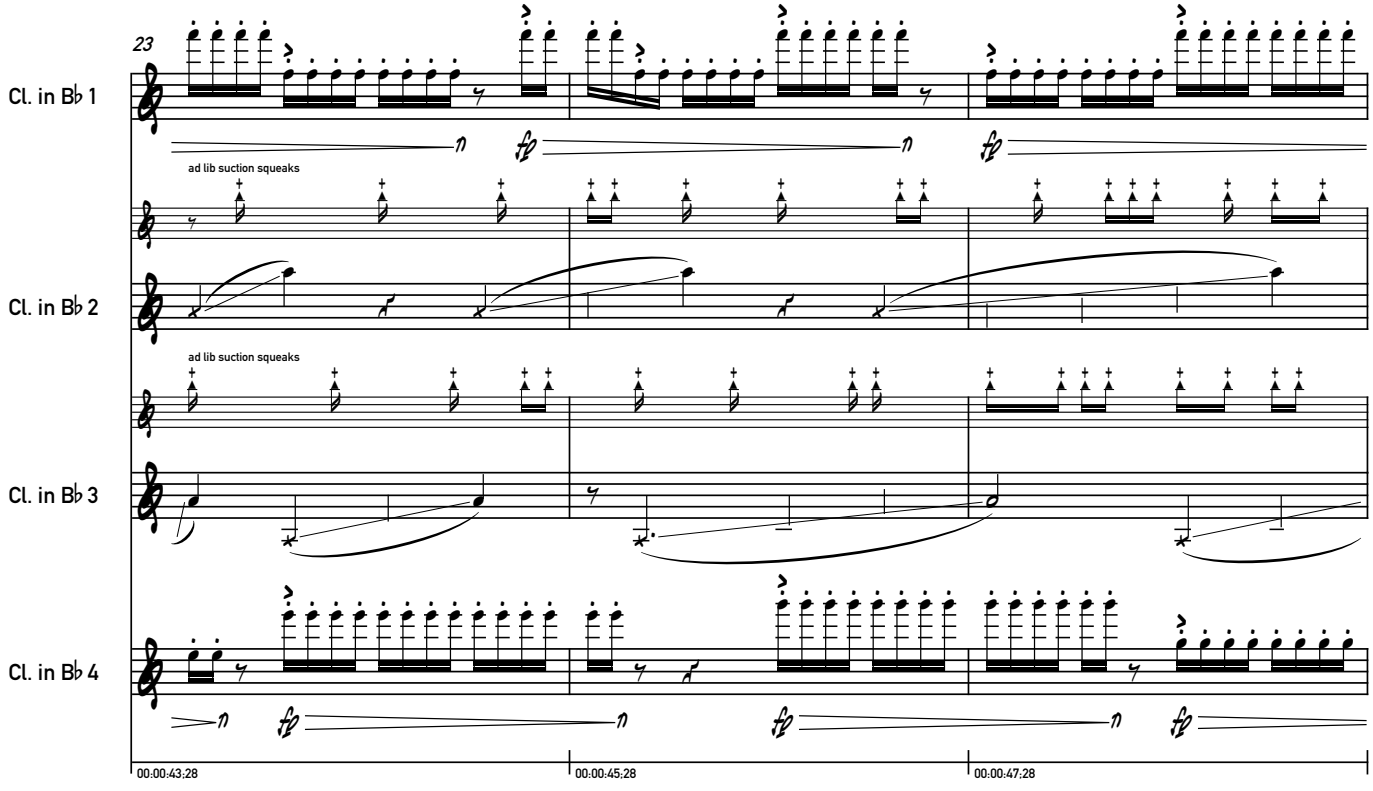

7
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
air
air
air
00:00:11:29
00:00:13:29
00:00:15:29
00:00:17:29

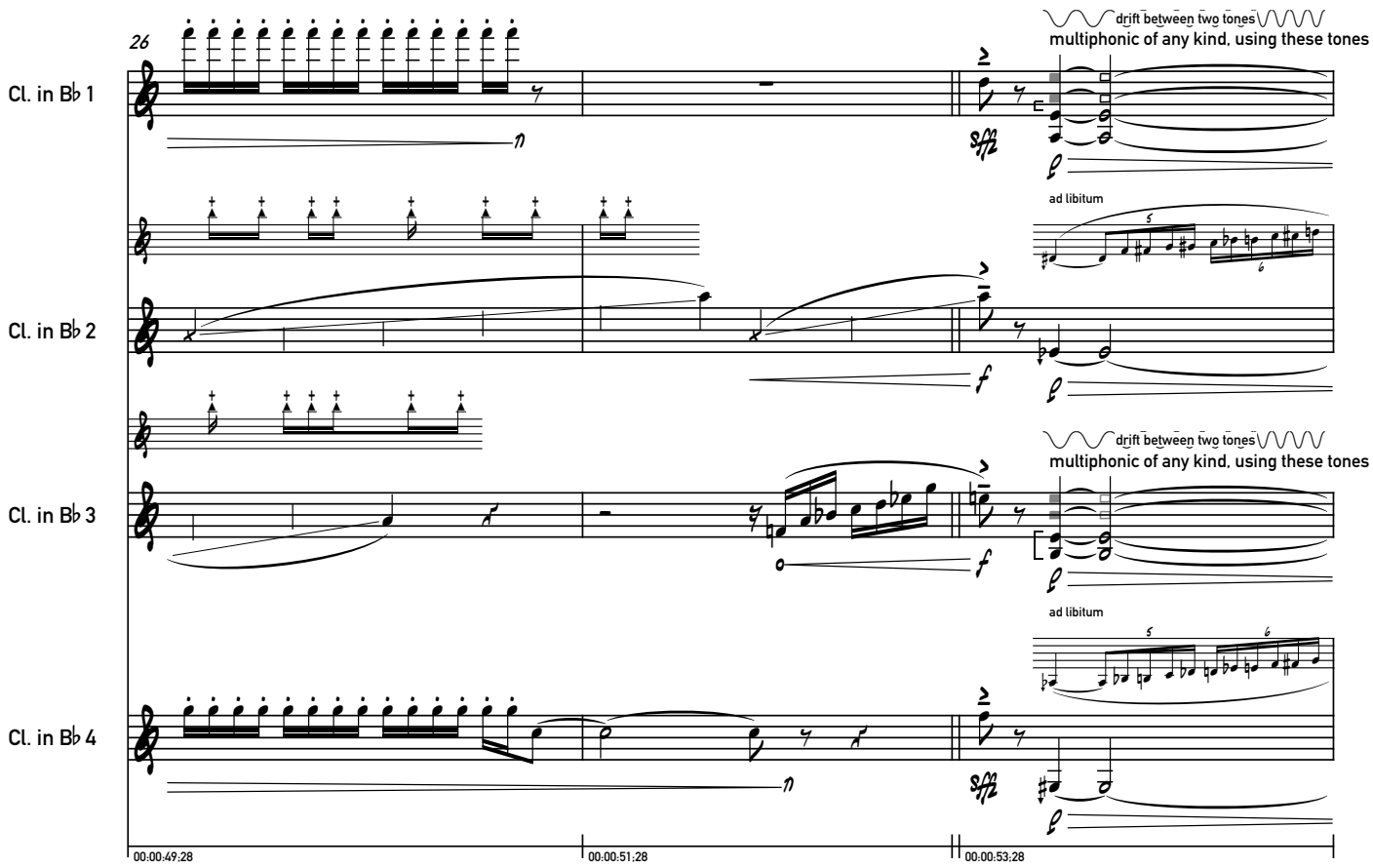

11
A
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
ad lib. growls
00:00:19:29
00:00:21:29
00:00:23:29

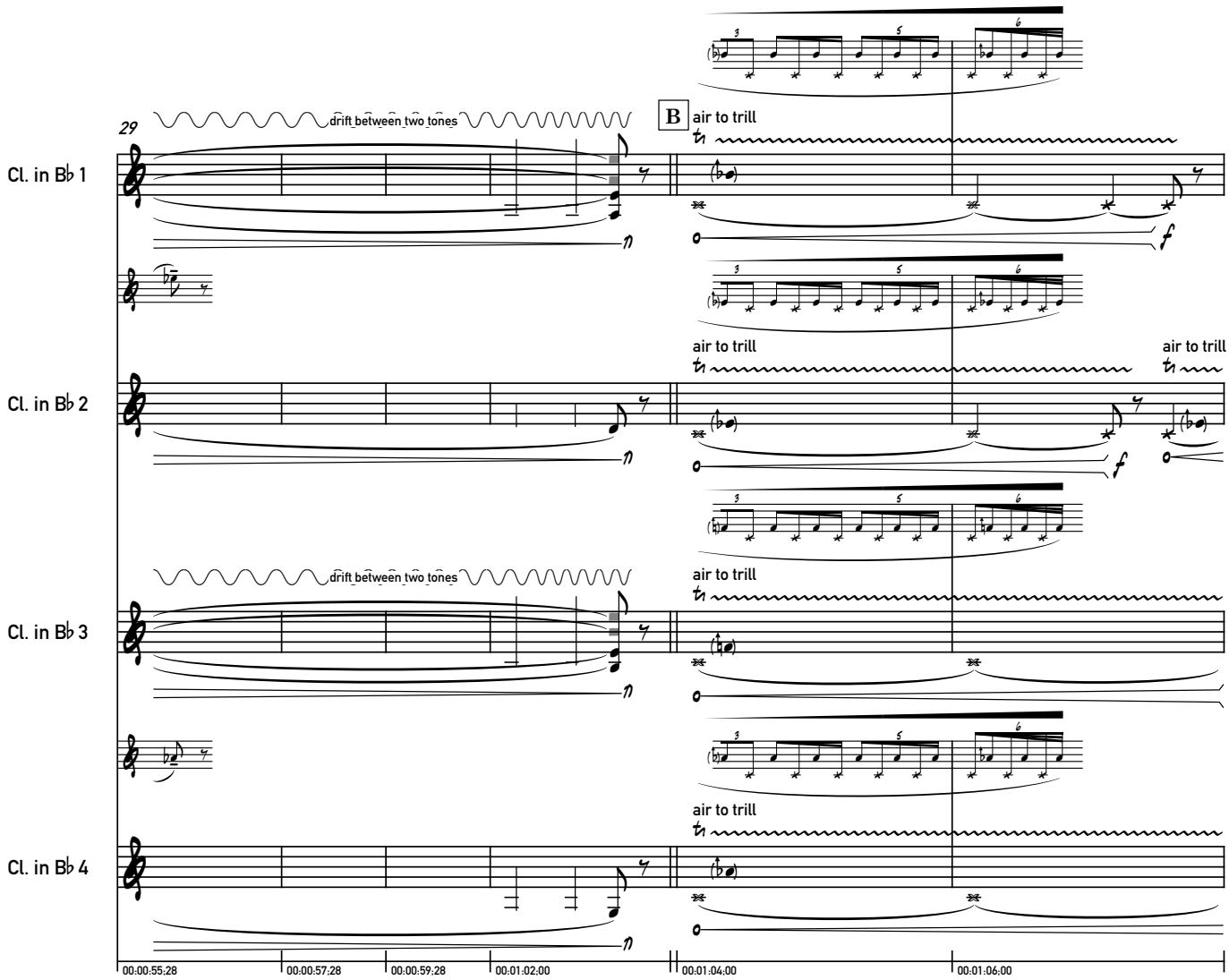

ad lib. growls
14
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
00:00:25;29
00:00:27;29
00:00:29;29

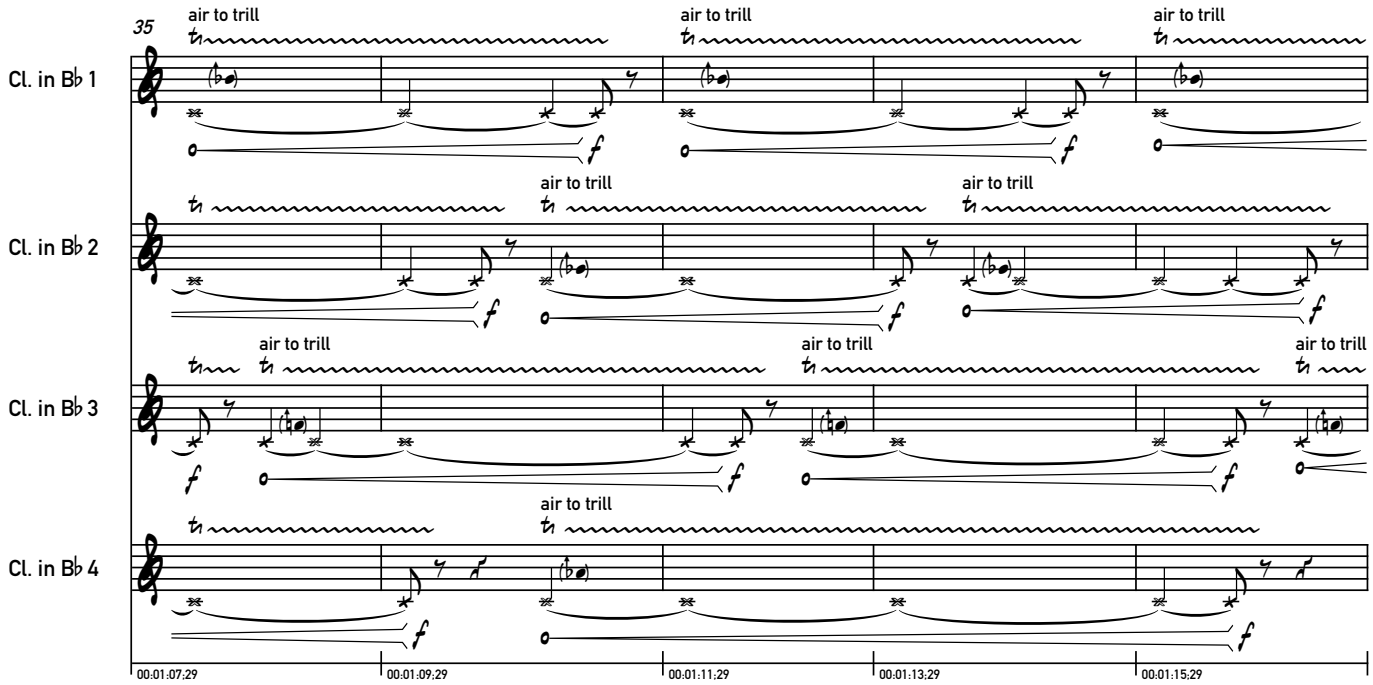

17
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
00:00:31;29
00:00:33;28
00:00:35;28

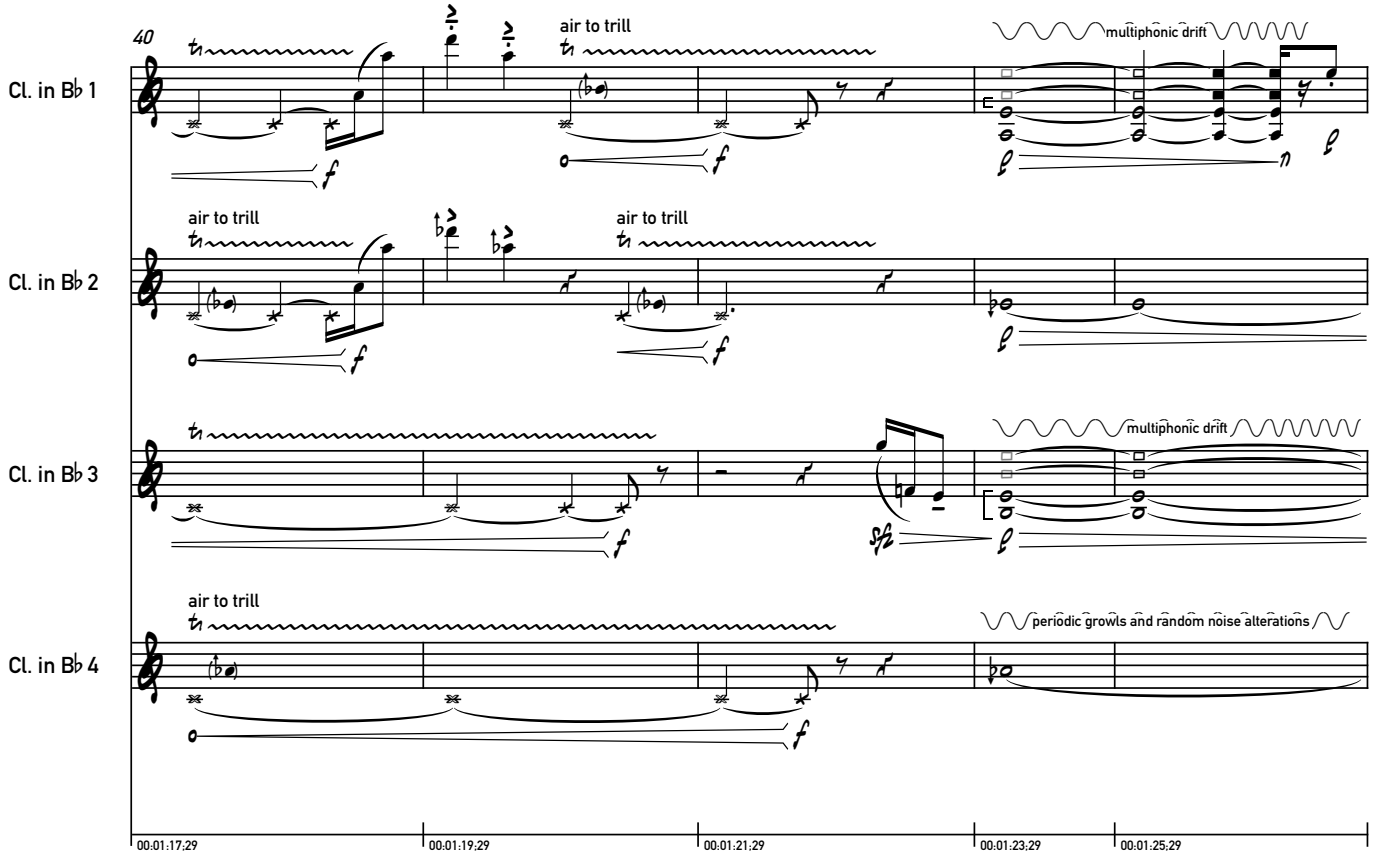

20
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
fp
00:00:37:28
00:00:39:28
00:00:41:28

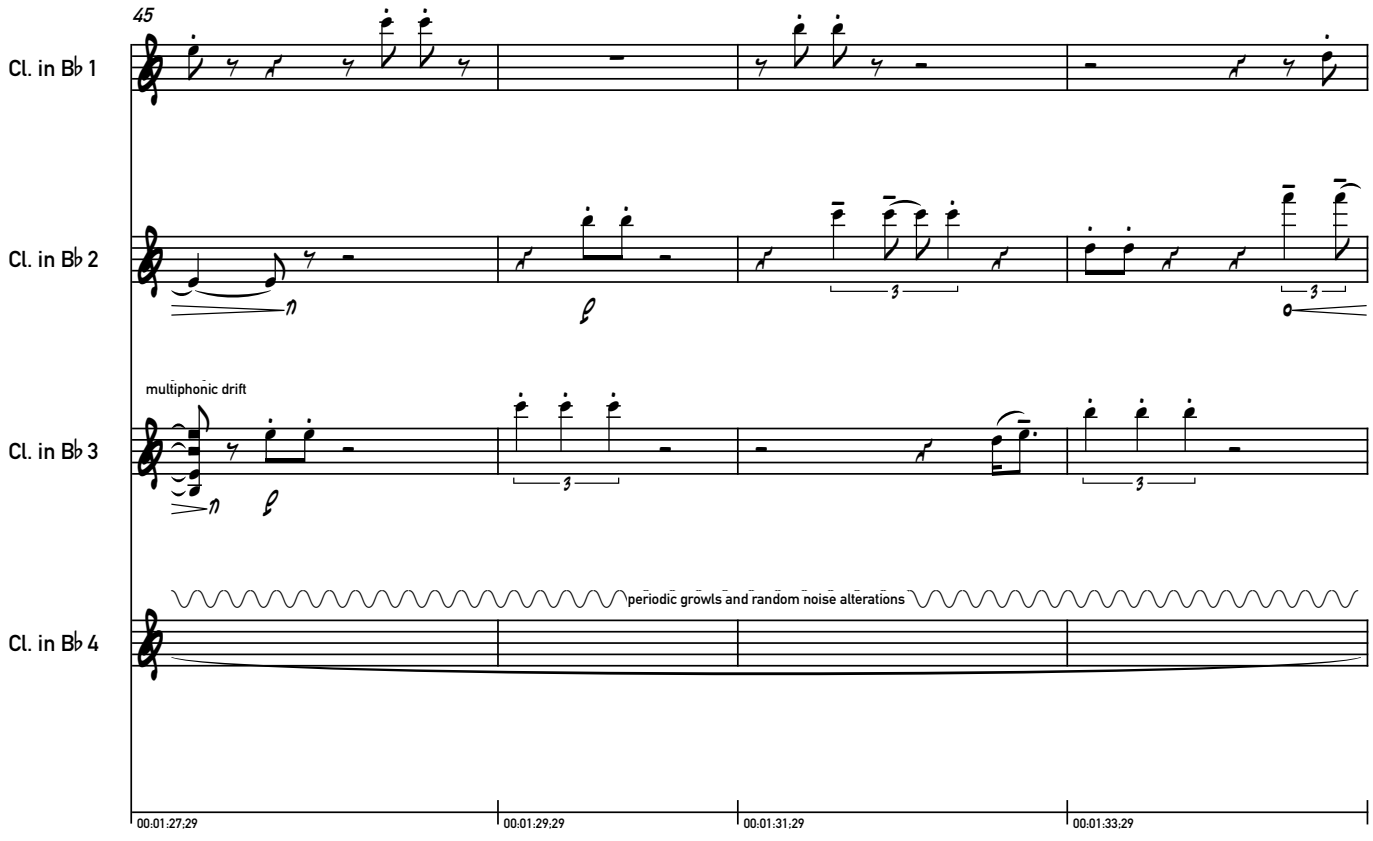

23
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
ad lib suction squeaks
ad lib suction squeaks
fp
00:00:43:28
00:00:45:28
00:00:47:28

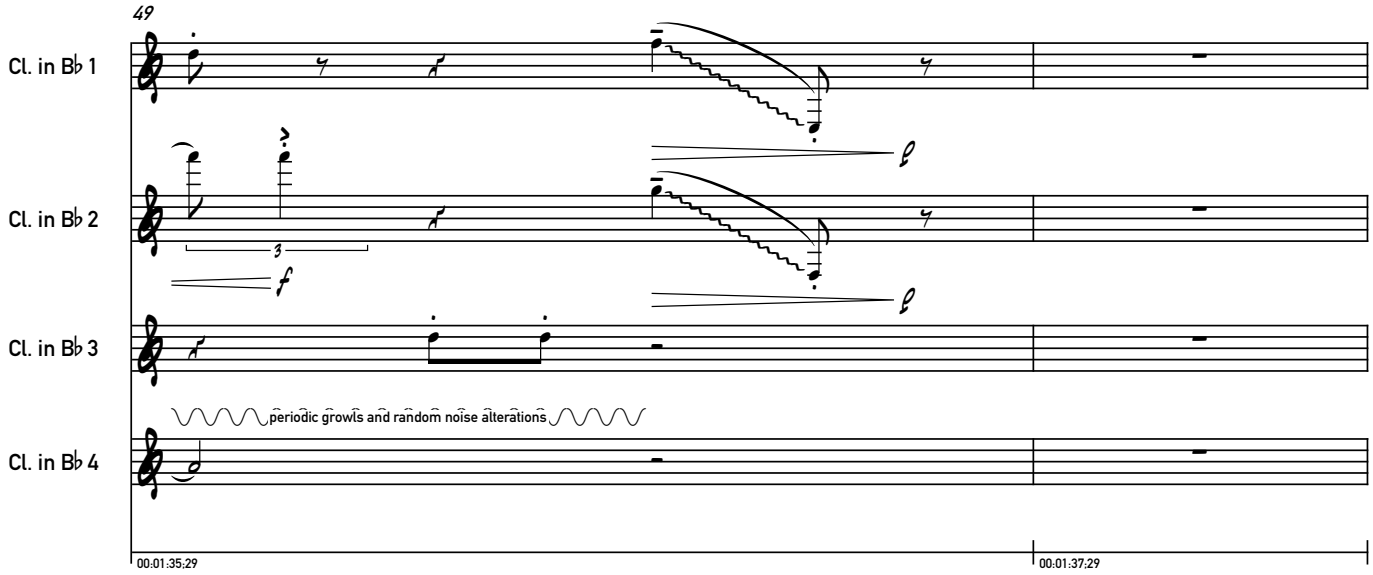

26
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
drift between two tones
multiphonic of any kind, using these tones
ad libitum
drift between two tones
multiphonic of any kind, using these tones
ad libitum
00:00:49:28
00:00:51:28
00:00:53:28

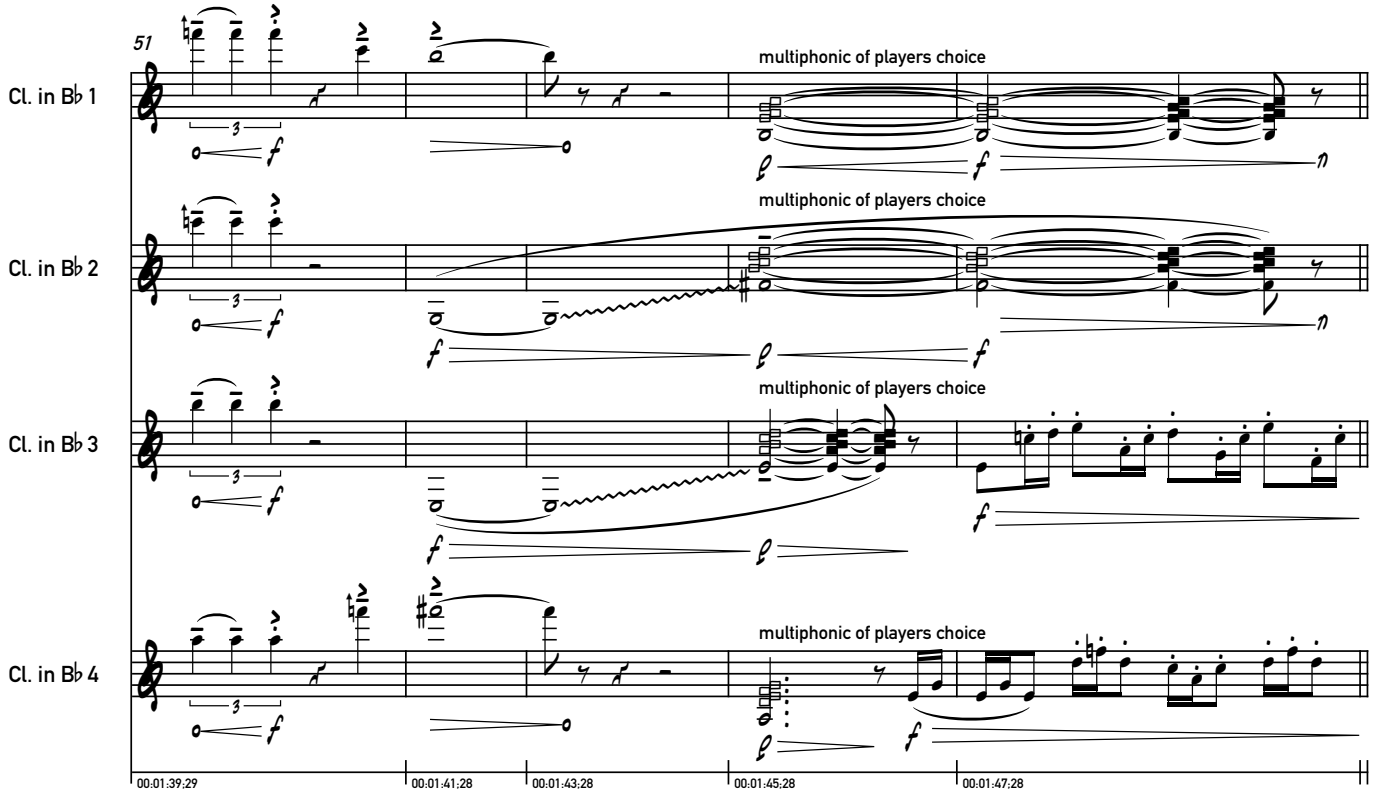

29
drift between two tones
B
air to trill
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
00:00:55:28
00:00:57:28
00:00:59:28
00:01:02:00
00:01:04:00
00:01:06:00


35
air to trill
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
00:01:07:29
00:01:09:29
00:01:11:29
00:01:13:29
00:01:15:29

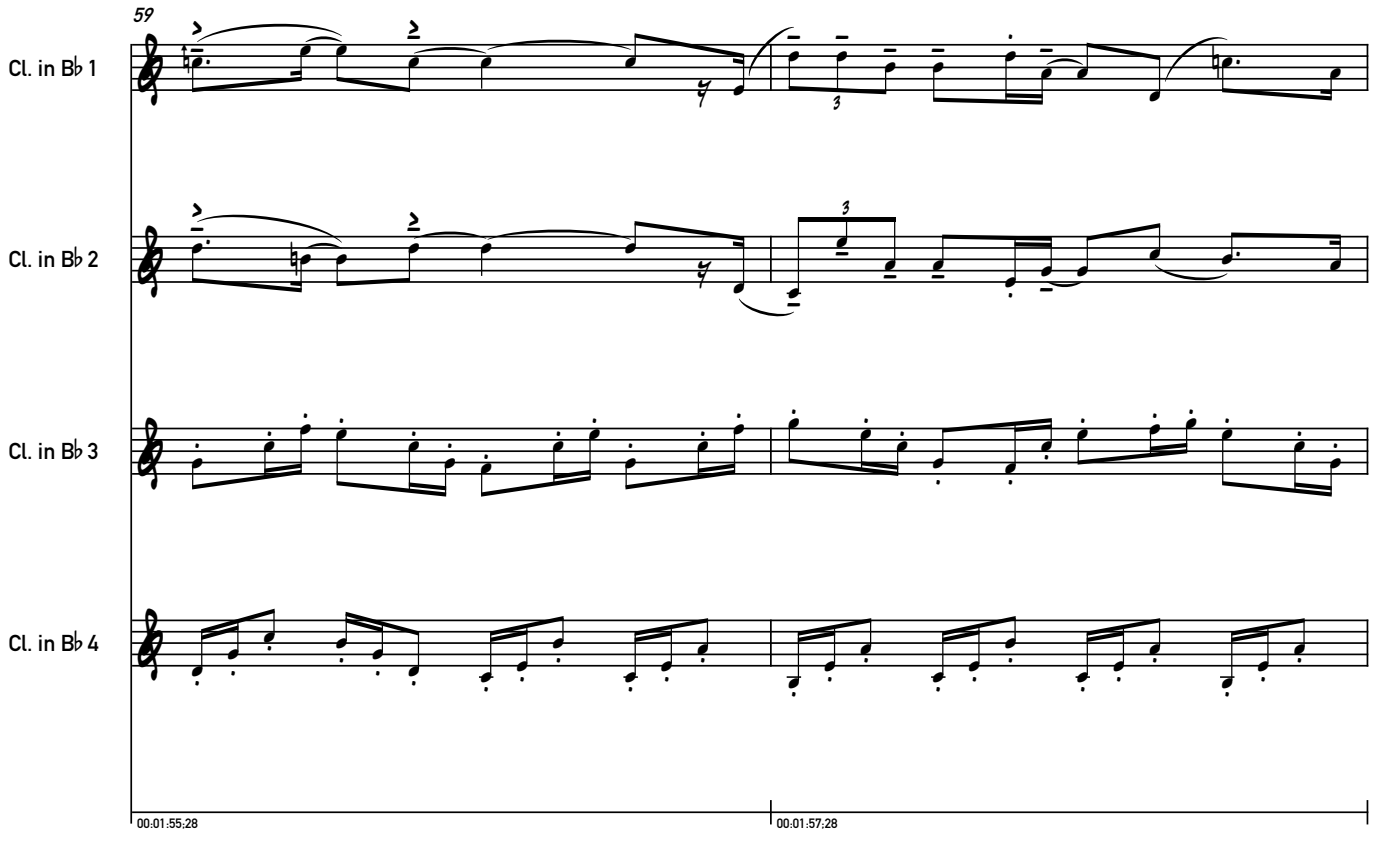

40
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
air to trill
multiphonic drift
periodic growls and random noise alterations
00:01:17;29
00:01:19;29
00:01:21;29
00:01:23;29
00:01:25;29

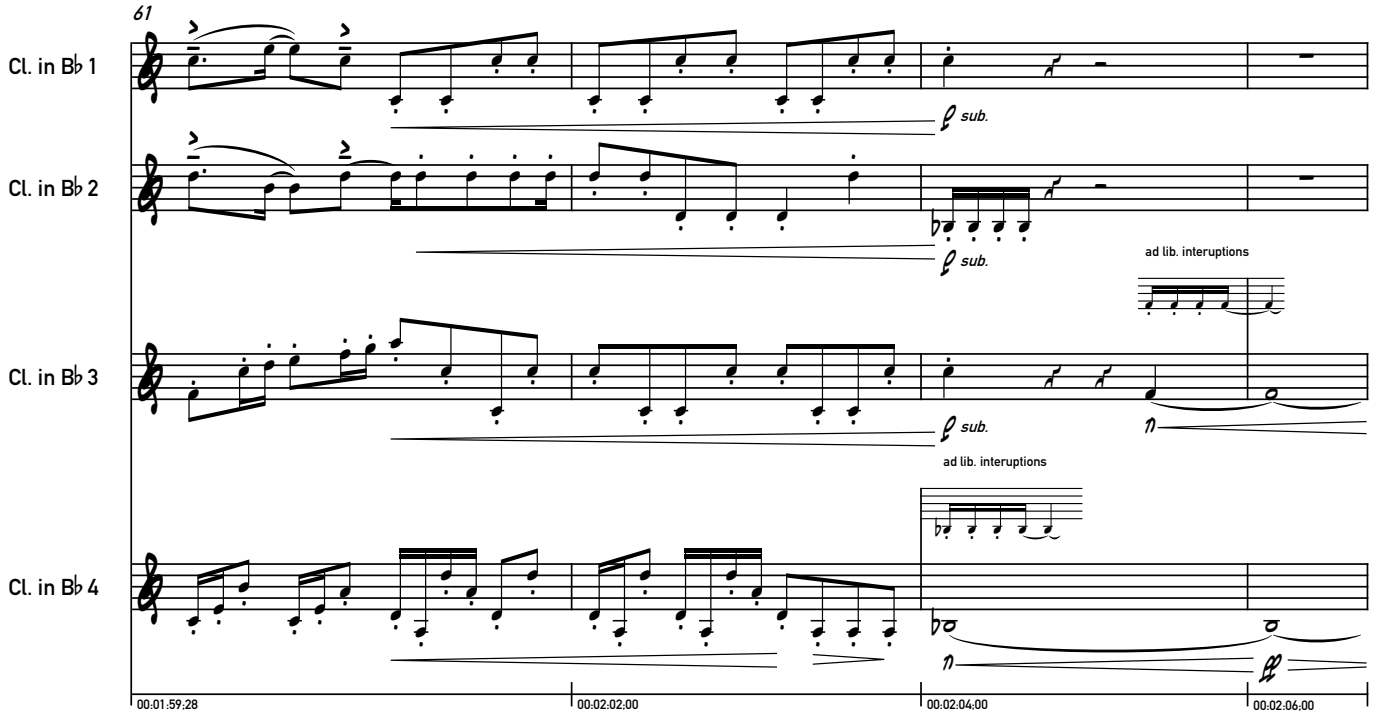

45
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
multiphonic drift
periodic growls and random noise alterations
00:01:27;29
00:01:29;29
00:01:31;29
00:01:33;29

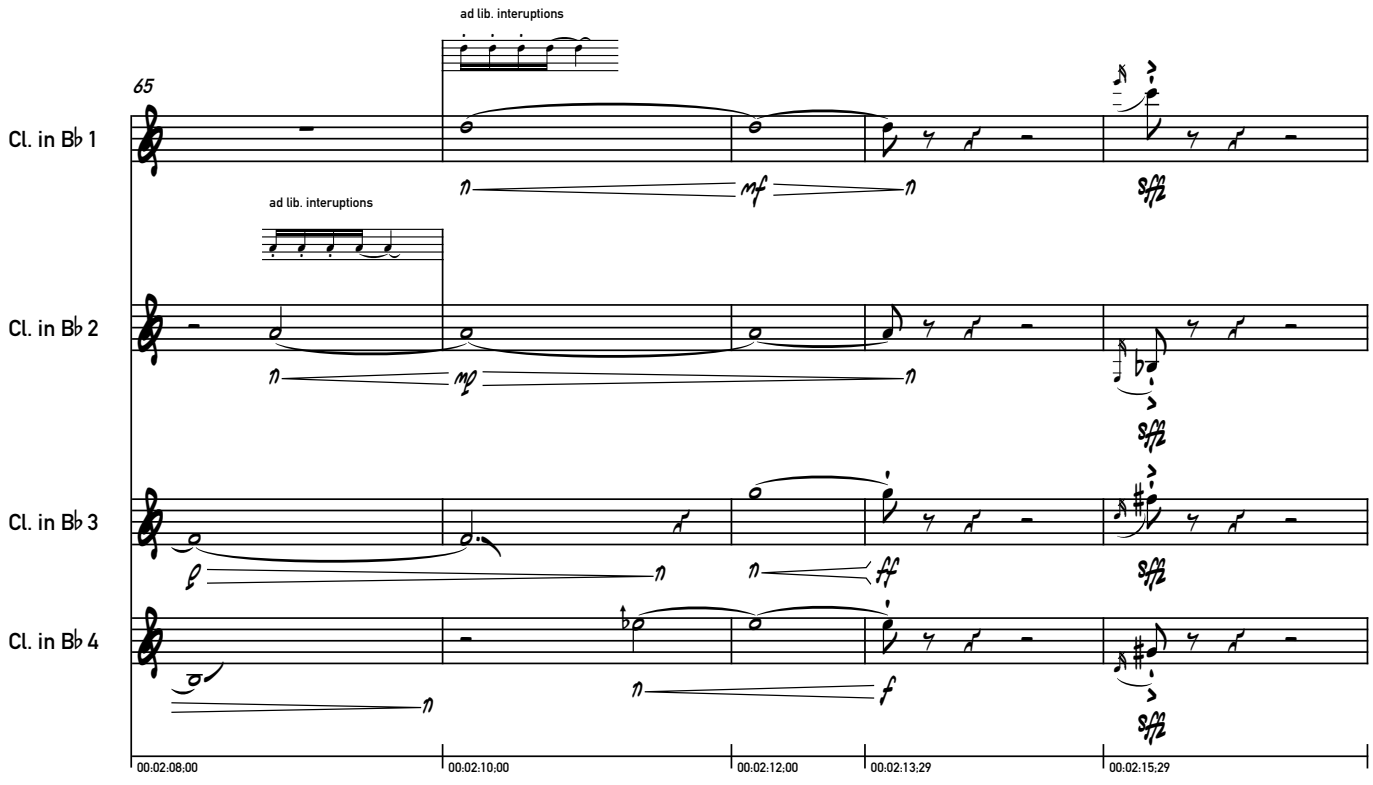

49
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
periodic growls and random noise alterations
00:01:35:29
00:01:37:29

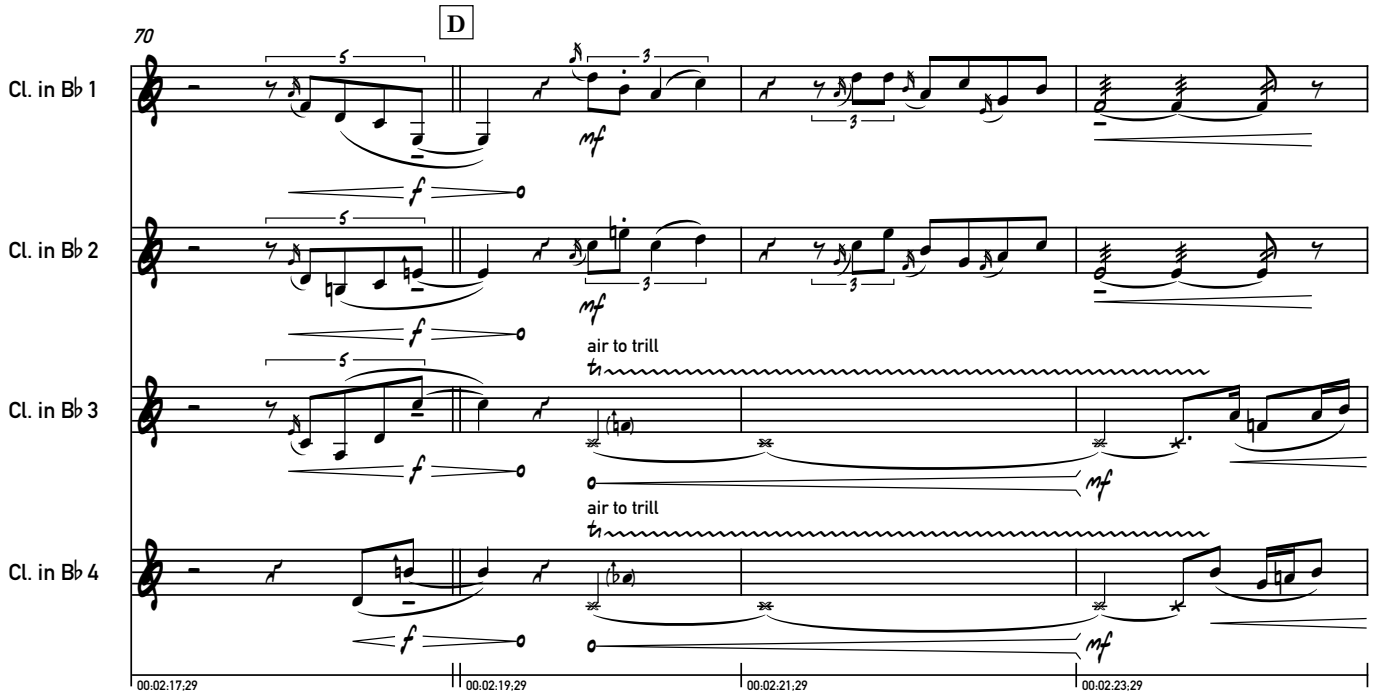

51
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
multiphonic of players choice
multiphonic of players choice
multiphonic of players choice
multiphonic of players choice
00:01:39:29
00:01:41:28
00:01:43:28
00:01:45:28
00:01:47:28

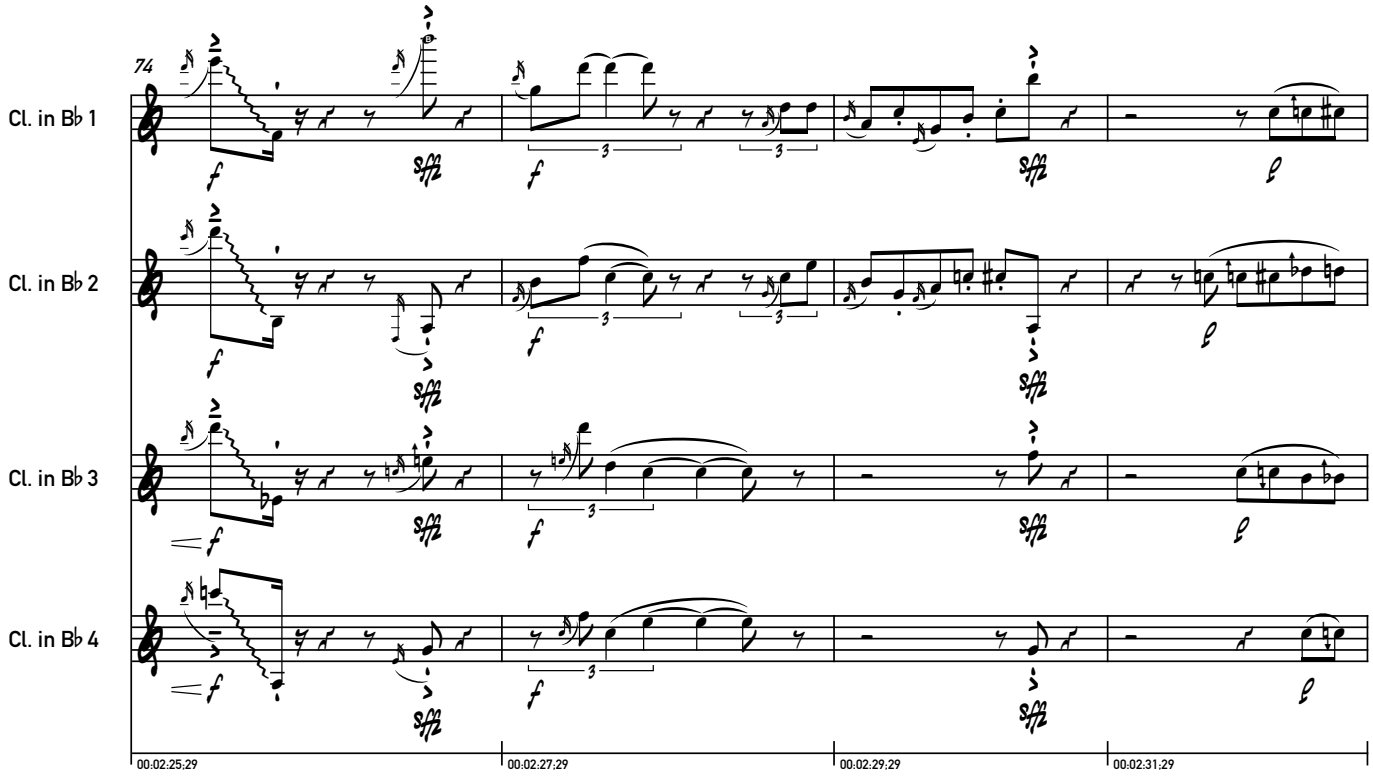
C
freely, as if spoken
56
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
f
f
mf
mp
00:01:49:28
00:01:51:28
00:01:53:28

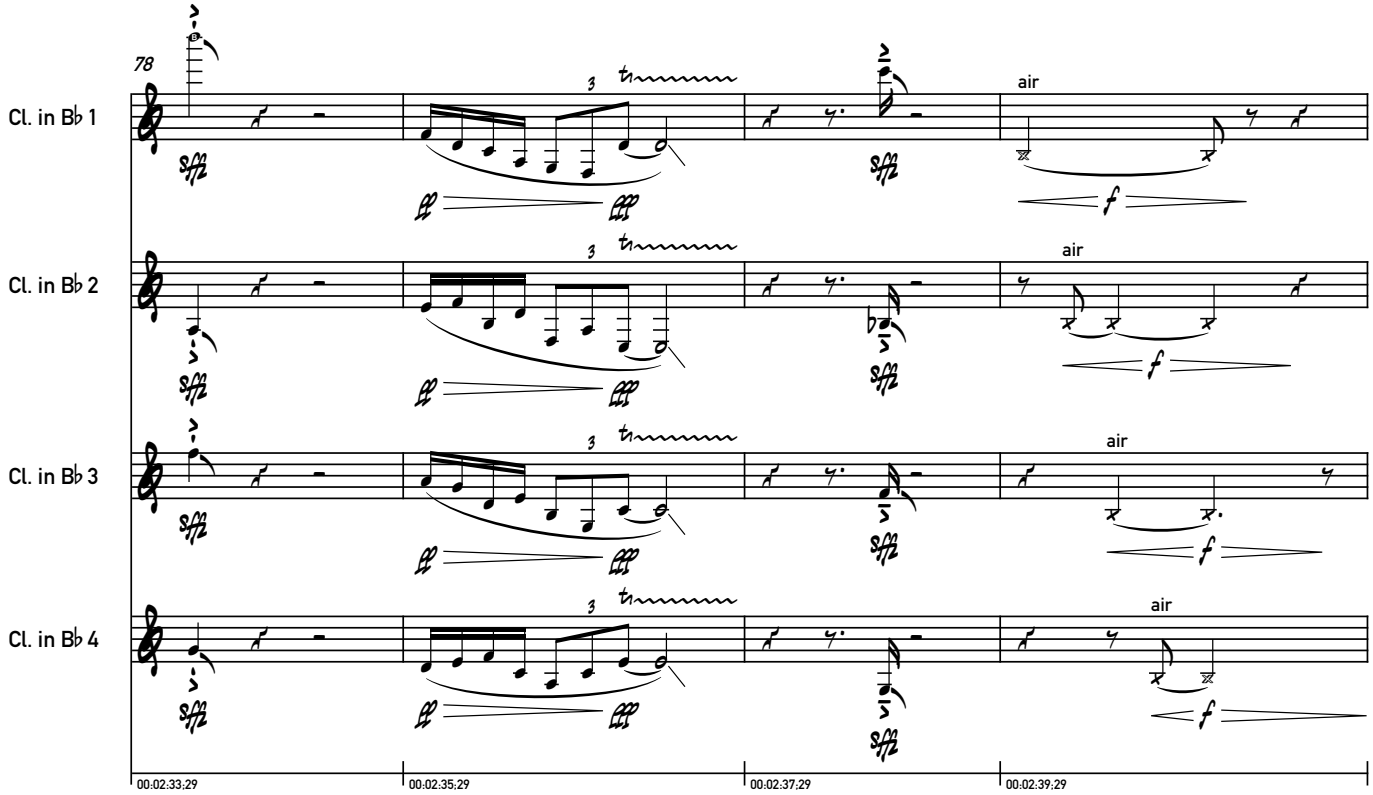

59
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
00:01:55:28
00:01:57:28

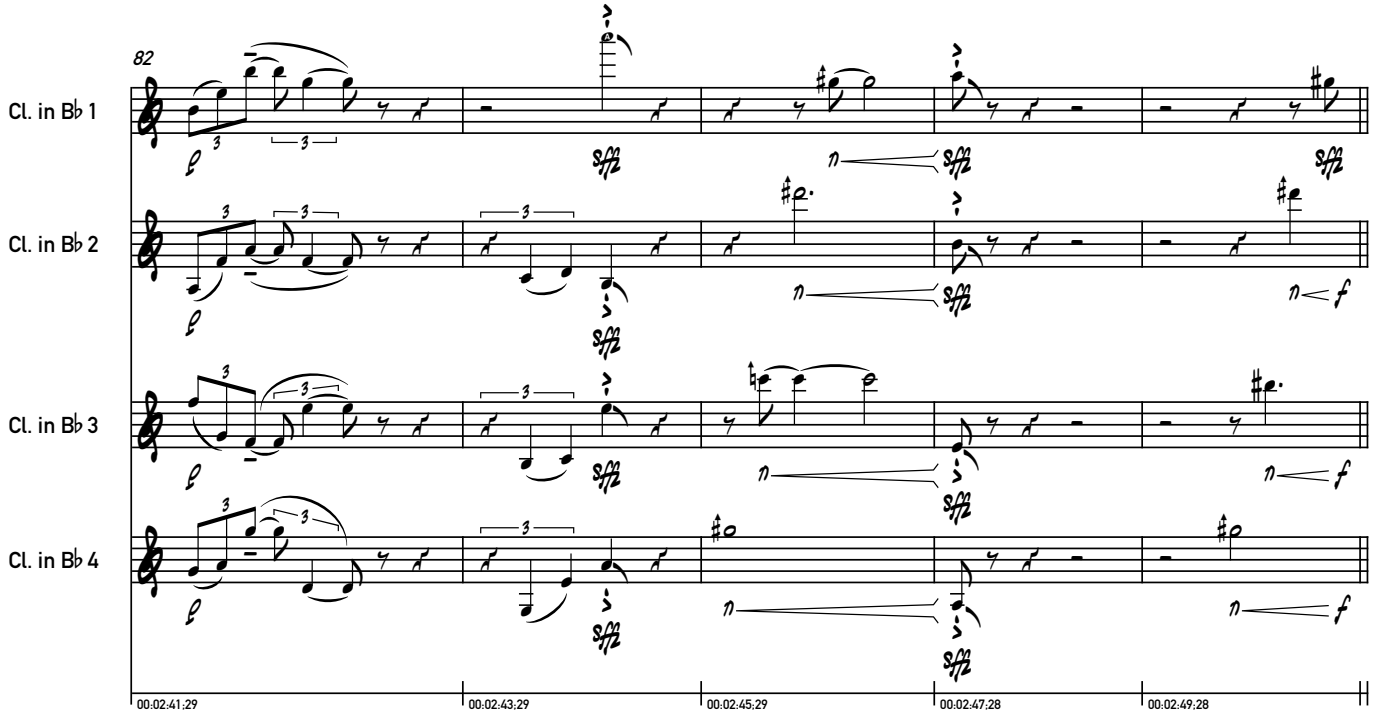

61
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
p sub.
p sub.
p sub.
ad lib. interuptions
ad lib. interuptions
00:01:59:28
00:02:02:00
00:02:04:00
00:02:06:00

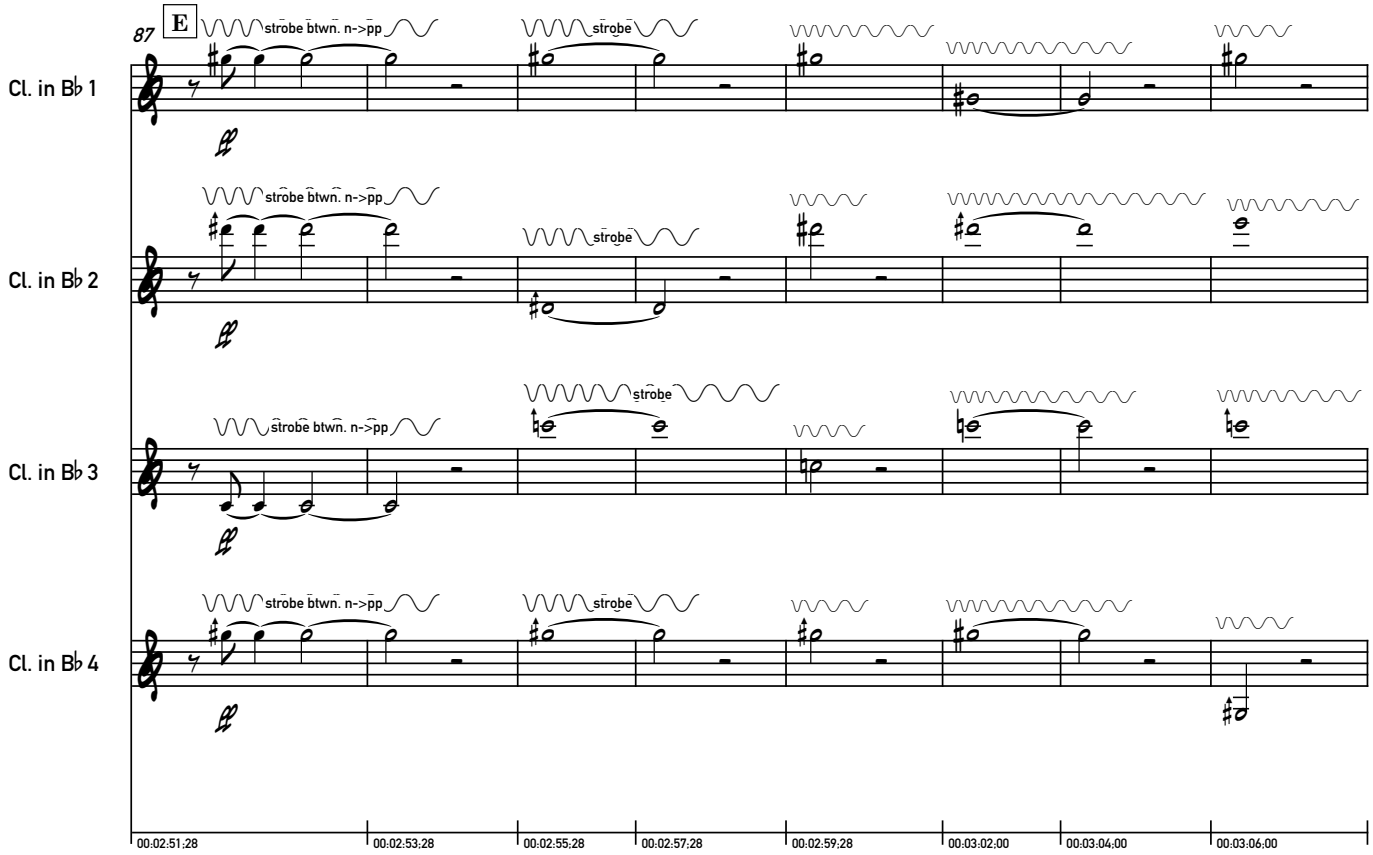

65
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
ad lib. interuptions
ad lib. interuptions
mf
mp
ff
f
00:02:08:00
00:02:10:00
00:02:12:00
00:02:13:29
00:02:15:29


70
D
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
air to trill
air to trill
00:02:17;29
00:02:19;29
00:02:21;29
00:02:23;29


74
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
00:02:25;29
00:02:27;29
00:02:29;29
00:02:31;29


78
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
air
00:02:33;29
00:02:35;29
00:02:37;29
00:02:39;29


82
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
00:02:41;29
00:02:43;29
00:02:45;29
00:02:47;28
00:02:49;28


87
E
strobe btwn. n->pp
strobe
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
00:02:51:28
00:02:53:28
00:02:55:28
00:02:57:28
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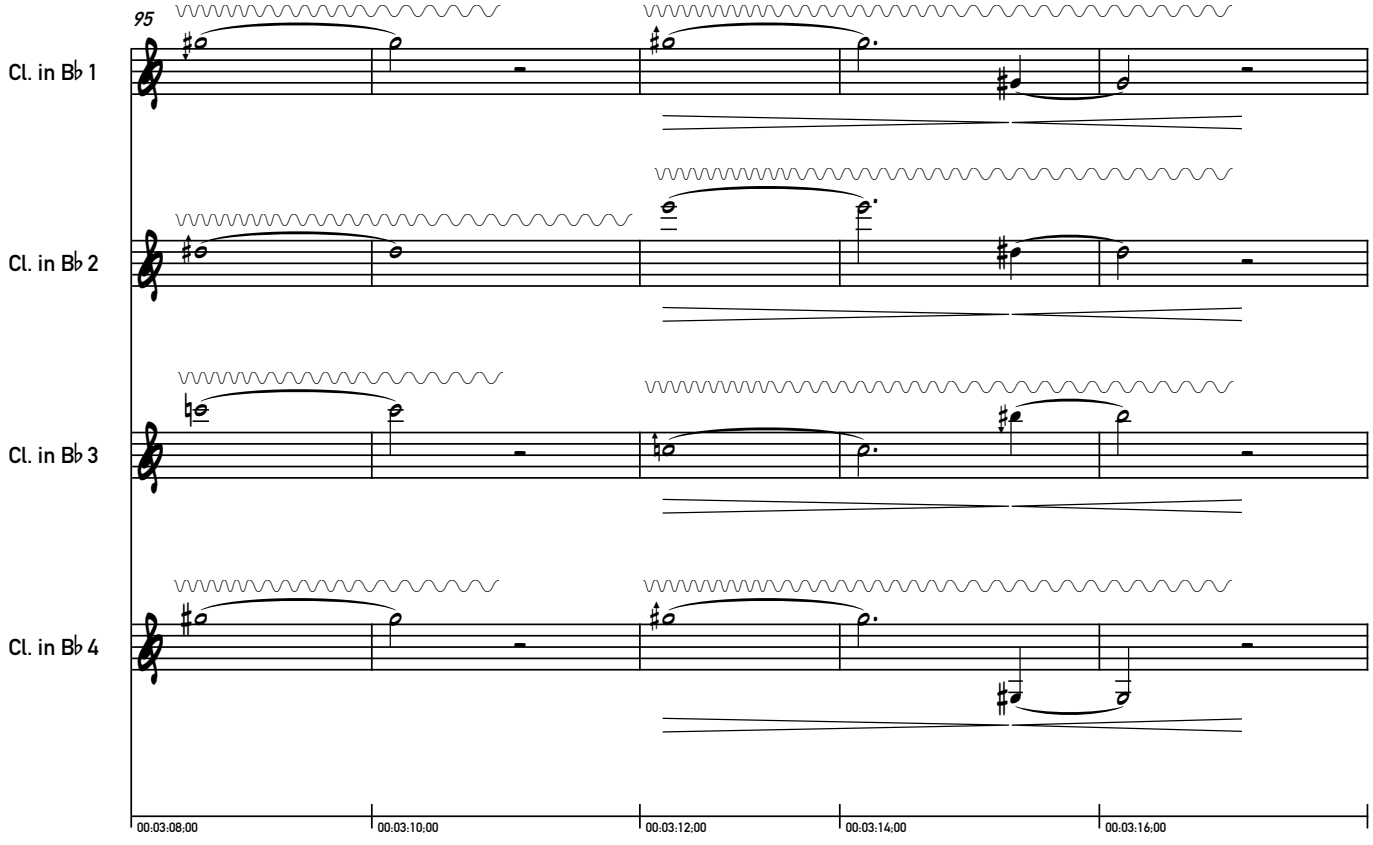
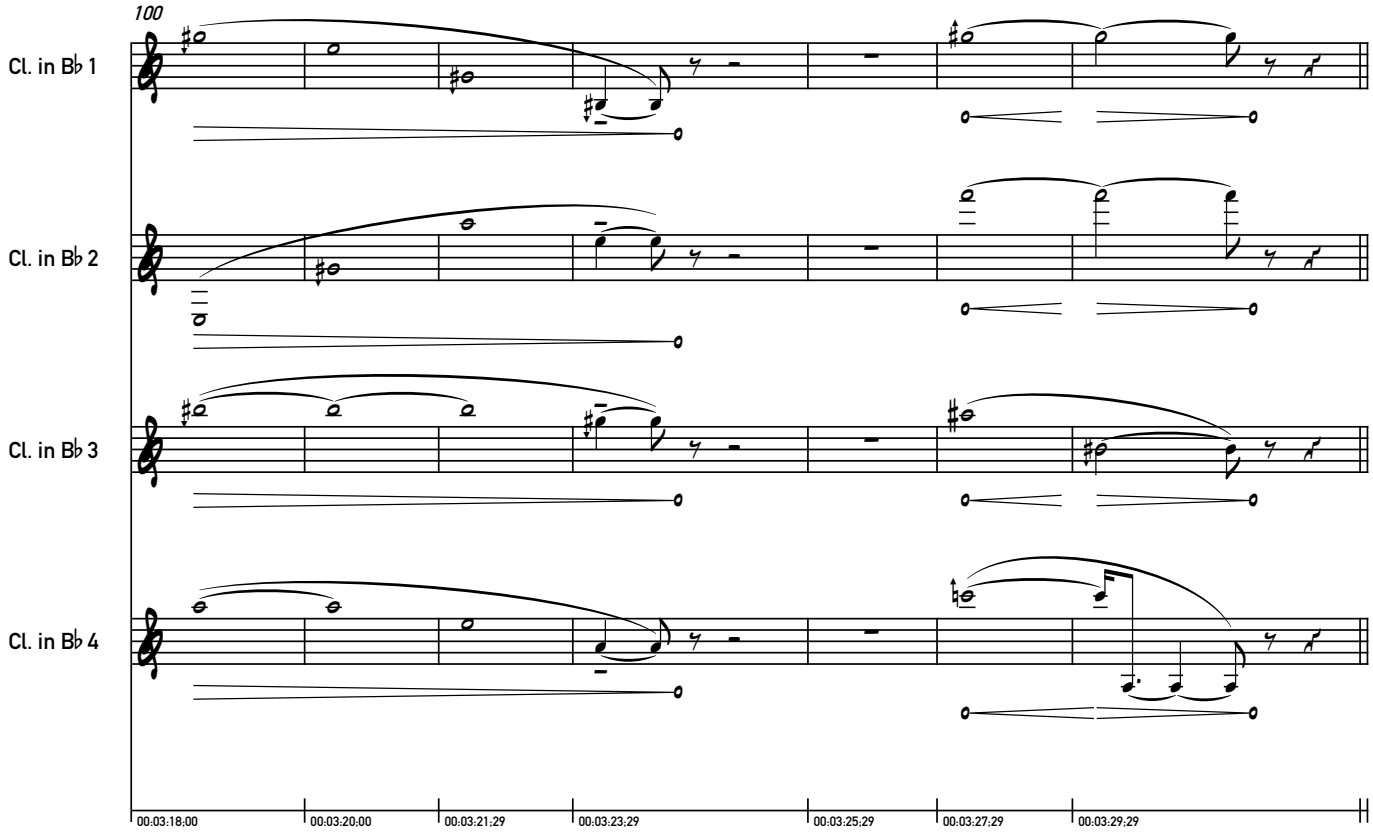
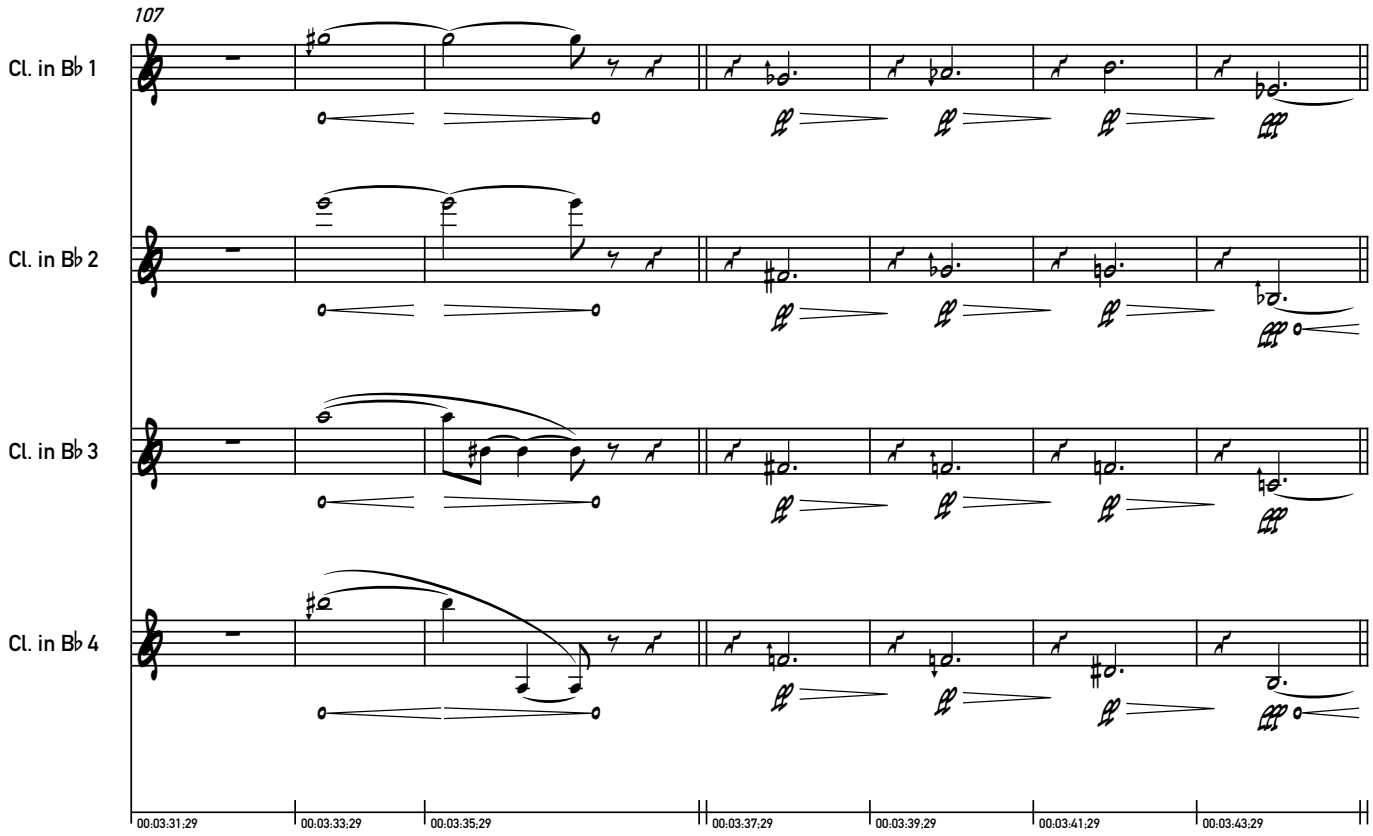
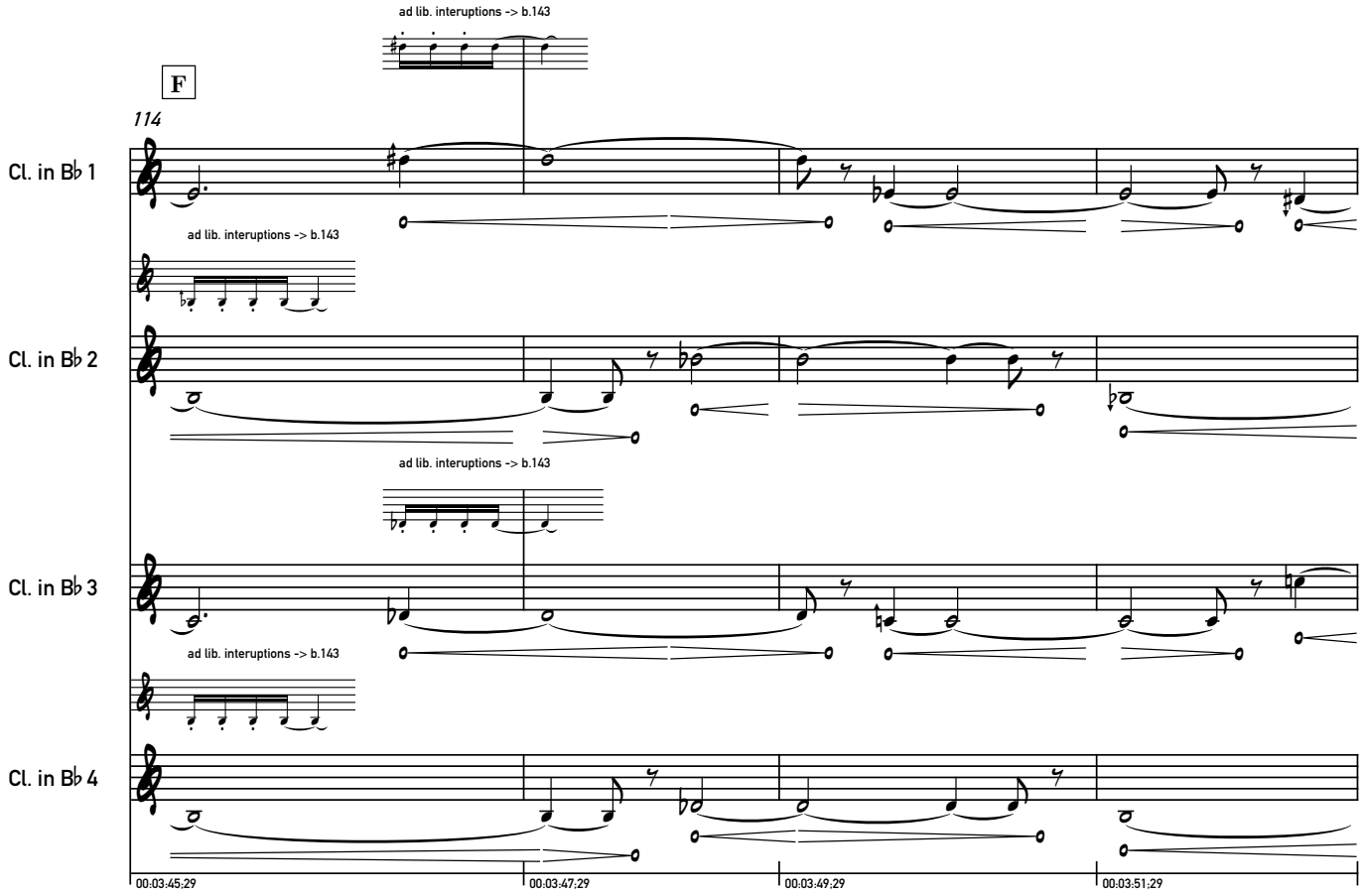
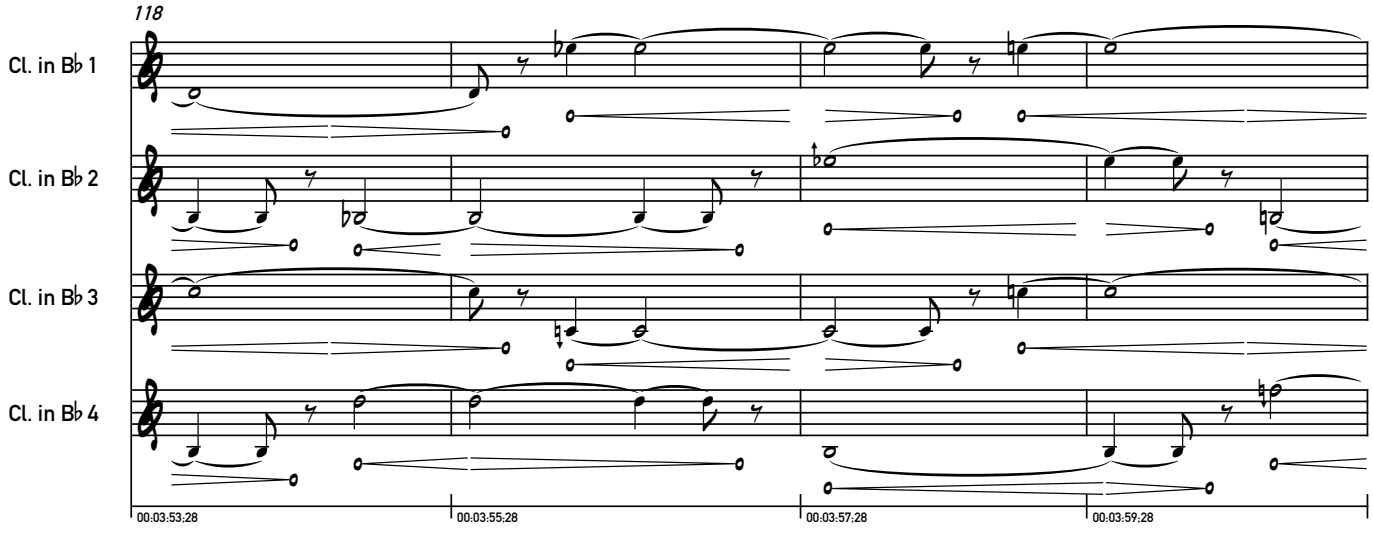
00:03:02:00
00:03:04:00
00:03:06:00

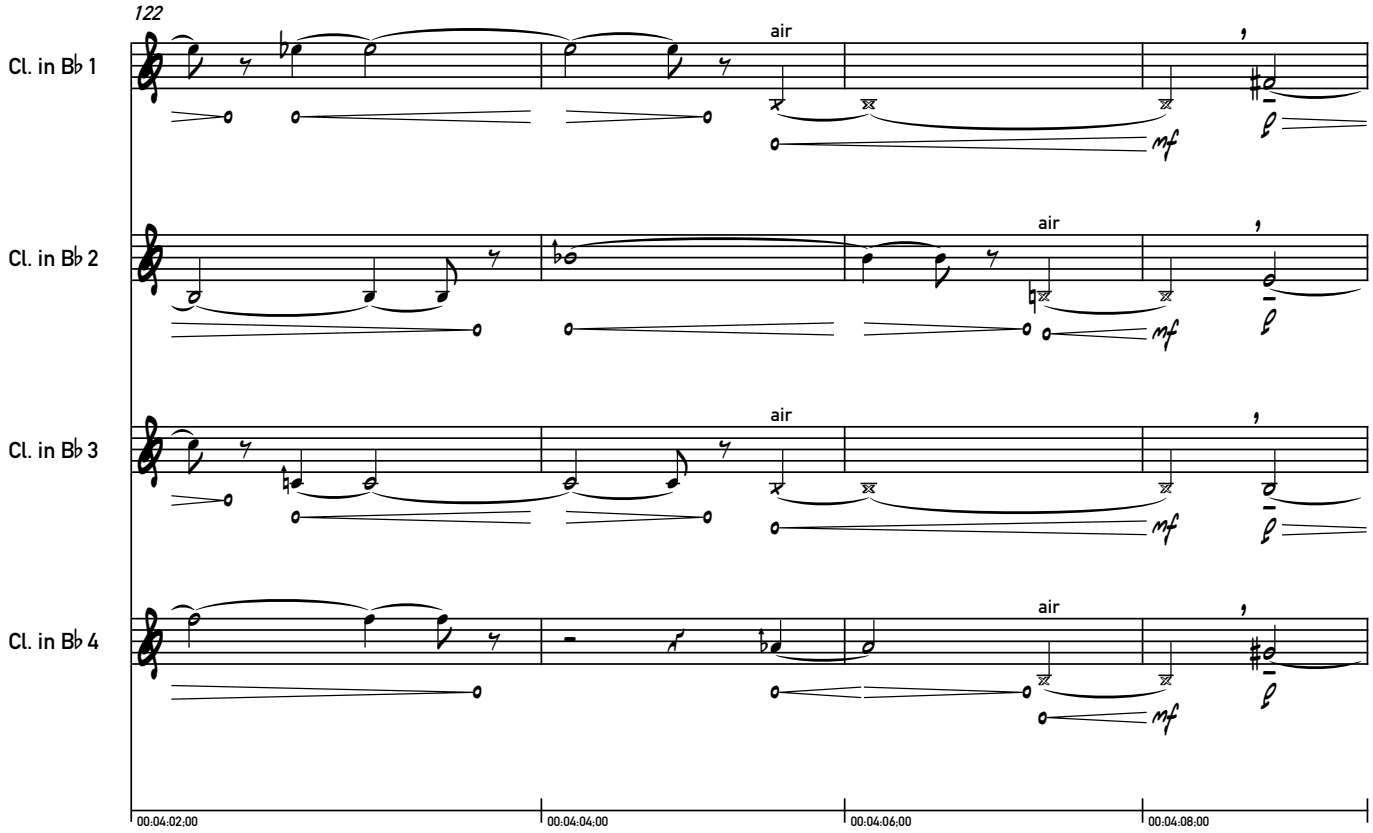

95
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
00:03:08:00
00:03:10:00
00:03:12:00
00:03:14:00
00:03:16:00

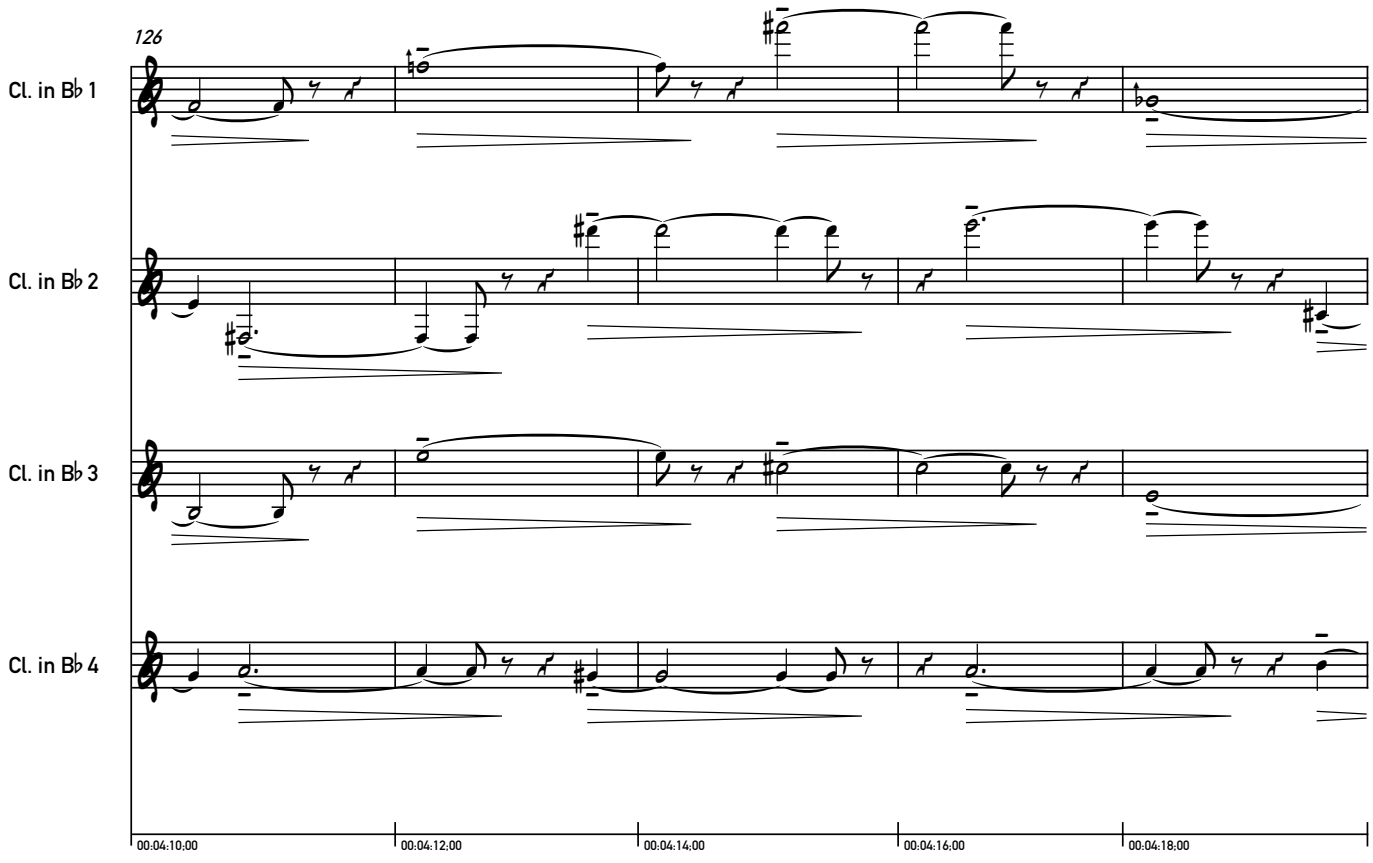

100
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
00:03:18;00
00:03:20;00
00:03:21;29
00:03:23;29
00:03:25;29
00:03:27;29
00:03:29;29

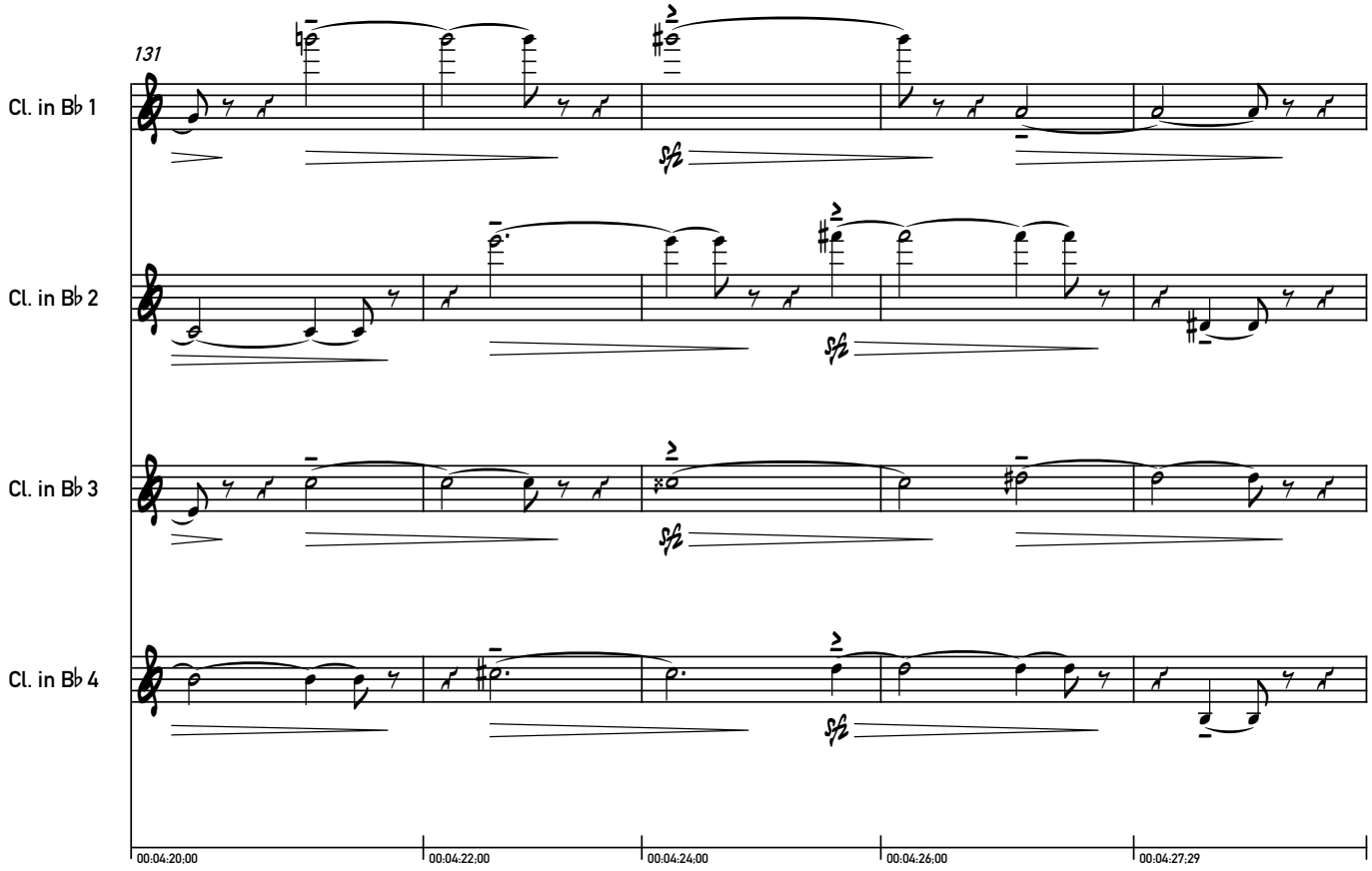

107
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
00:03:31;29
00:03:33;29
00:03:35;29
00:03:37;29
00:03:39;29
00:03:41;29
00:03:43;29

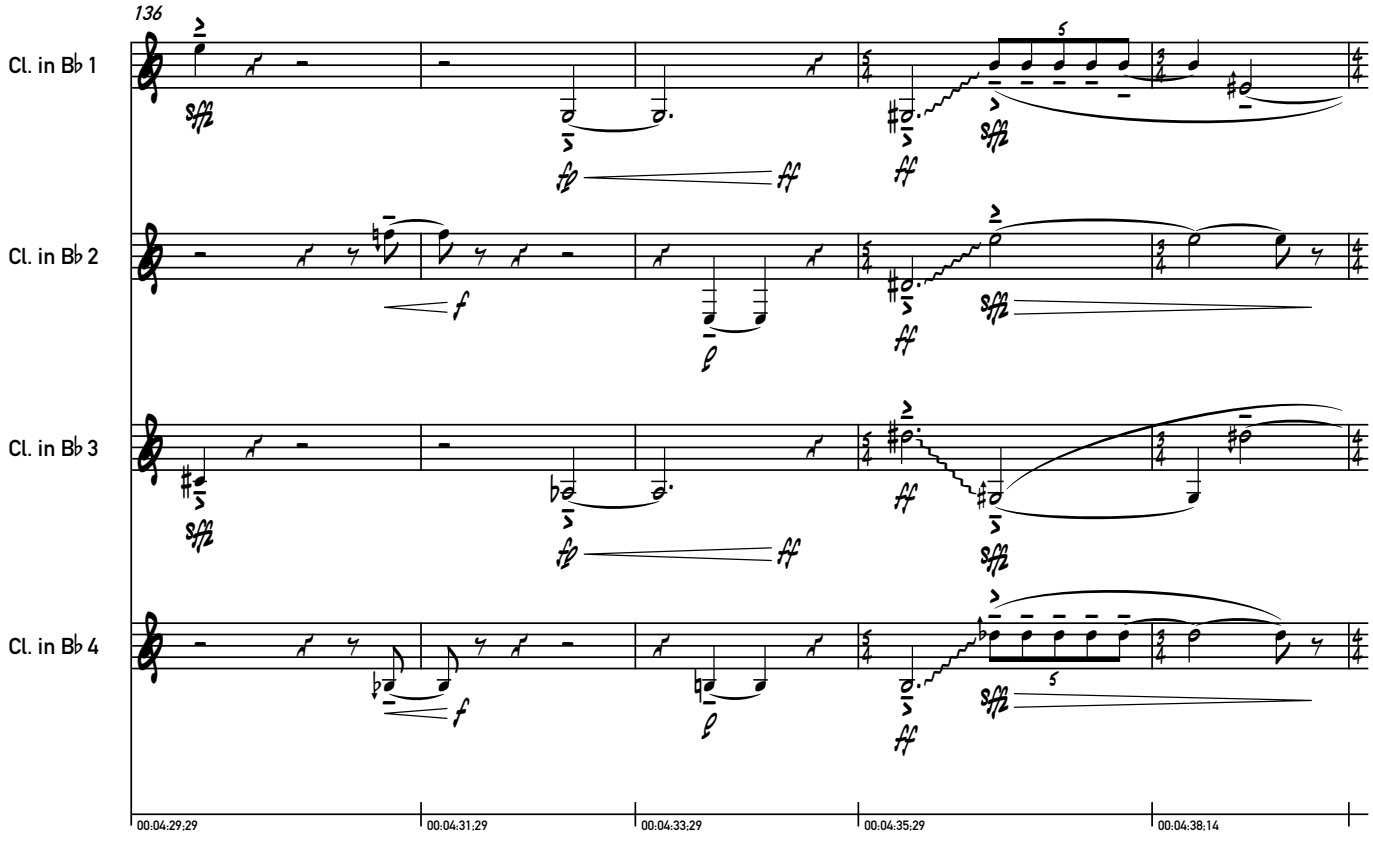

ad lib. interuptions -> b.143
F
114
Cl. in B♭ 1
ad lib. interuptions -> b.143
Cl. in B♭ 2
ad lib. interuptions -> b.143
Cl. in B♭ 3
ad lib. interuptions -> b.143
Cl. in B♭ 4
00:03:45:29
00:03:47:29
00:03:49:29
00:03:51:29

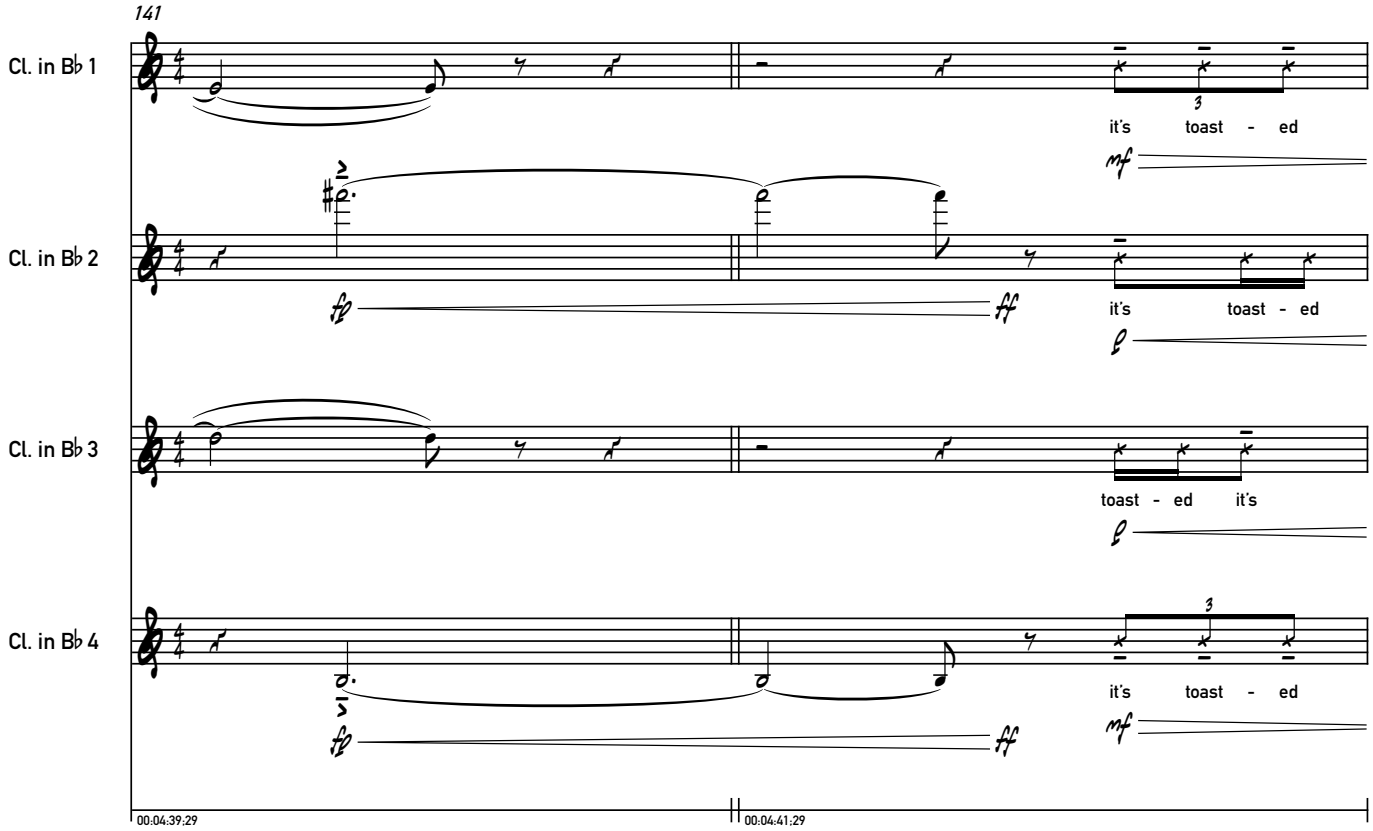

118
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
00:03:53:28
00:03:55:28
00:03:57:28
00:03:59:28

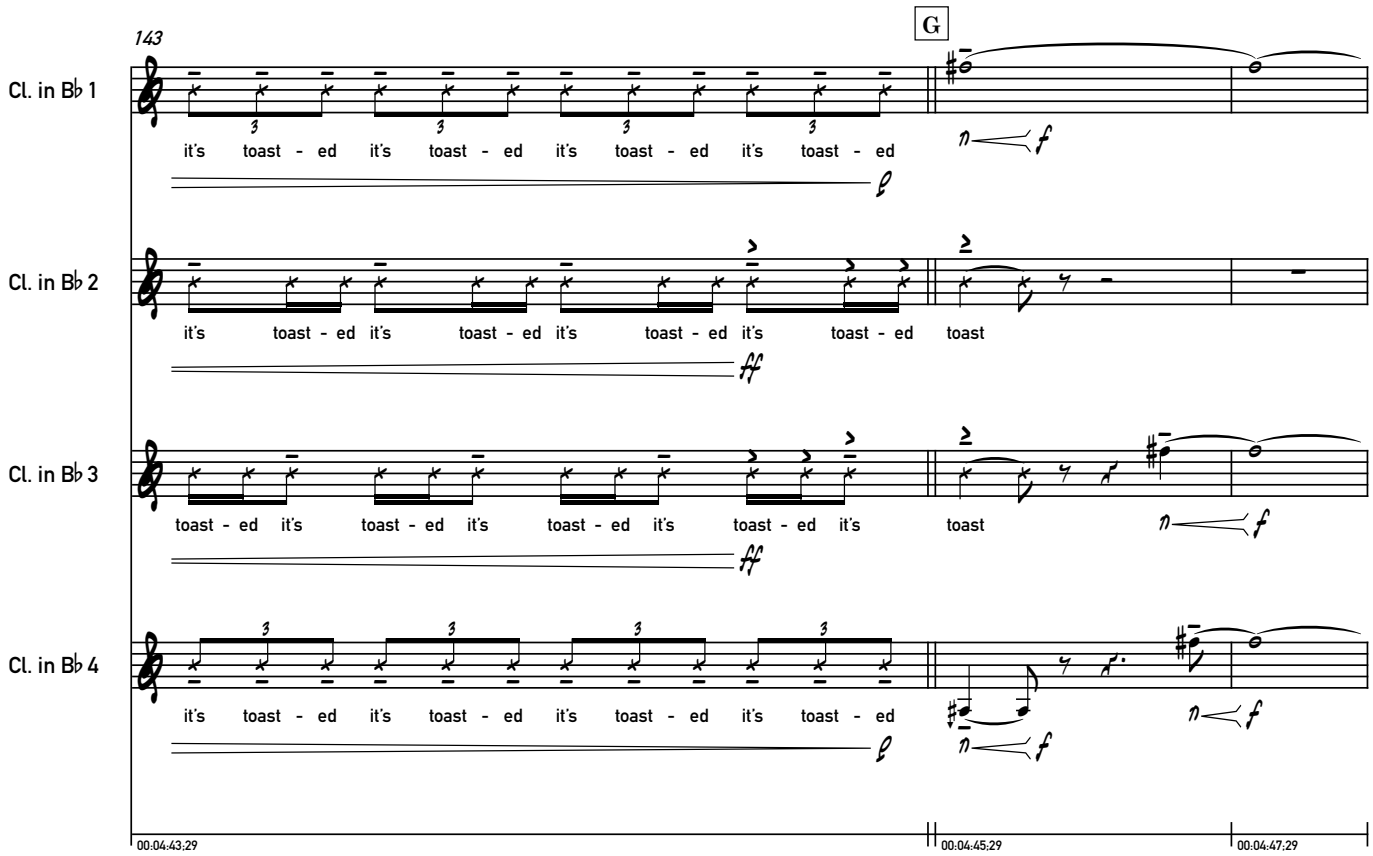

122
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
air
mf
00:04:02:00
00:04:04:00
00:04:06:00
00:04:08:00

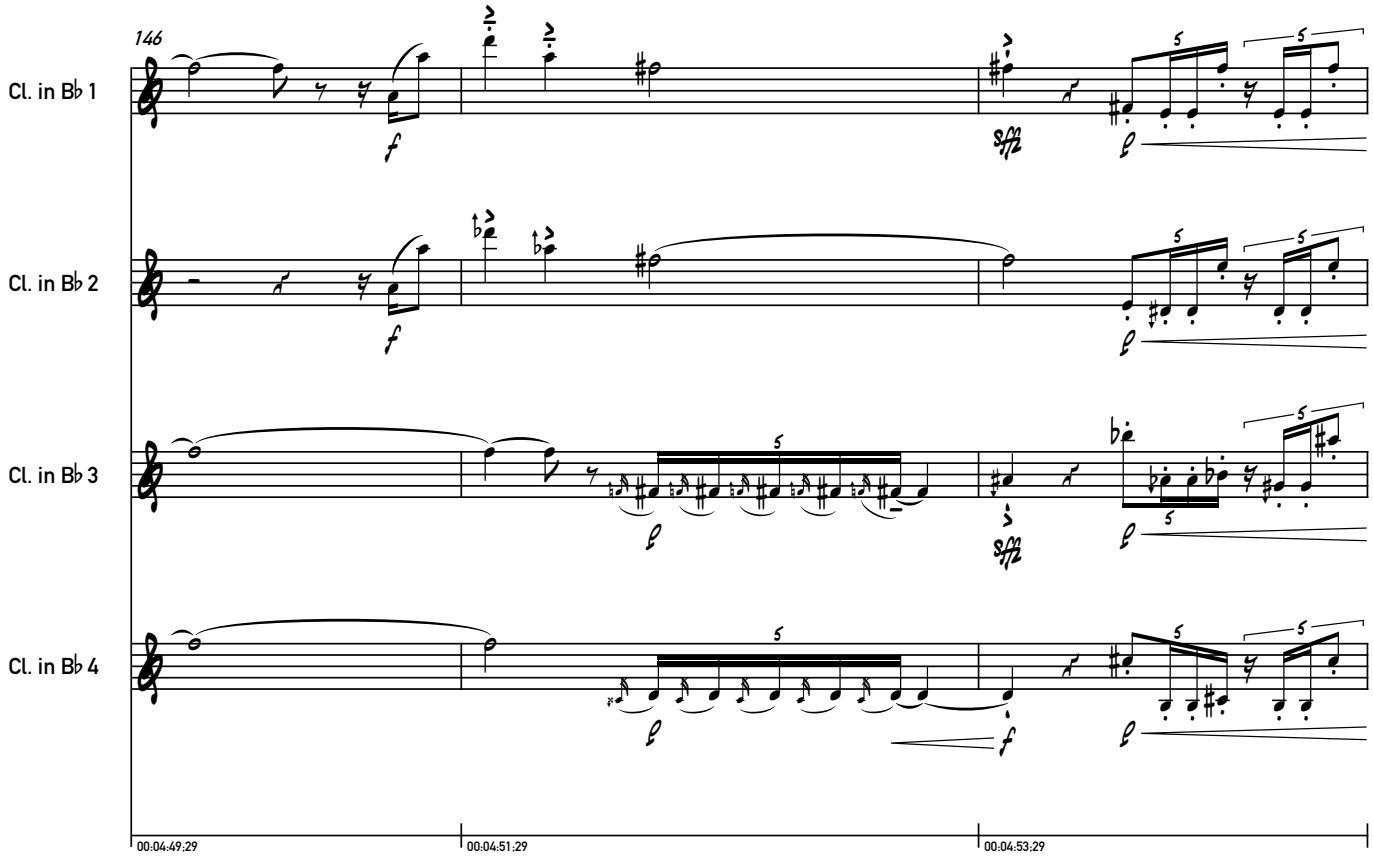

126
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
00:04:10:00
00:04:12:00
00:04:14:00
00:04:16:00
00:04:18:00

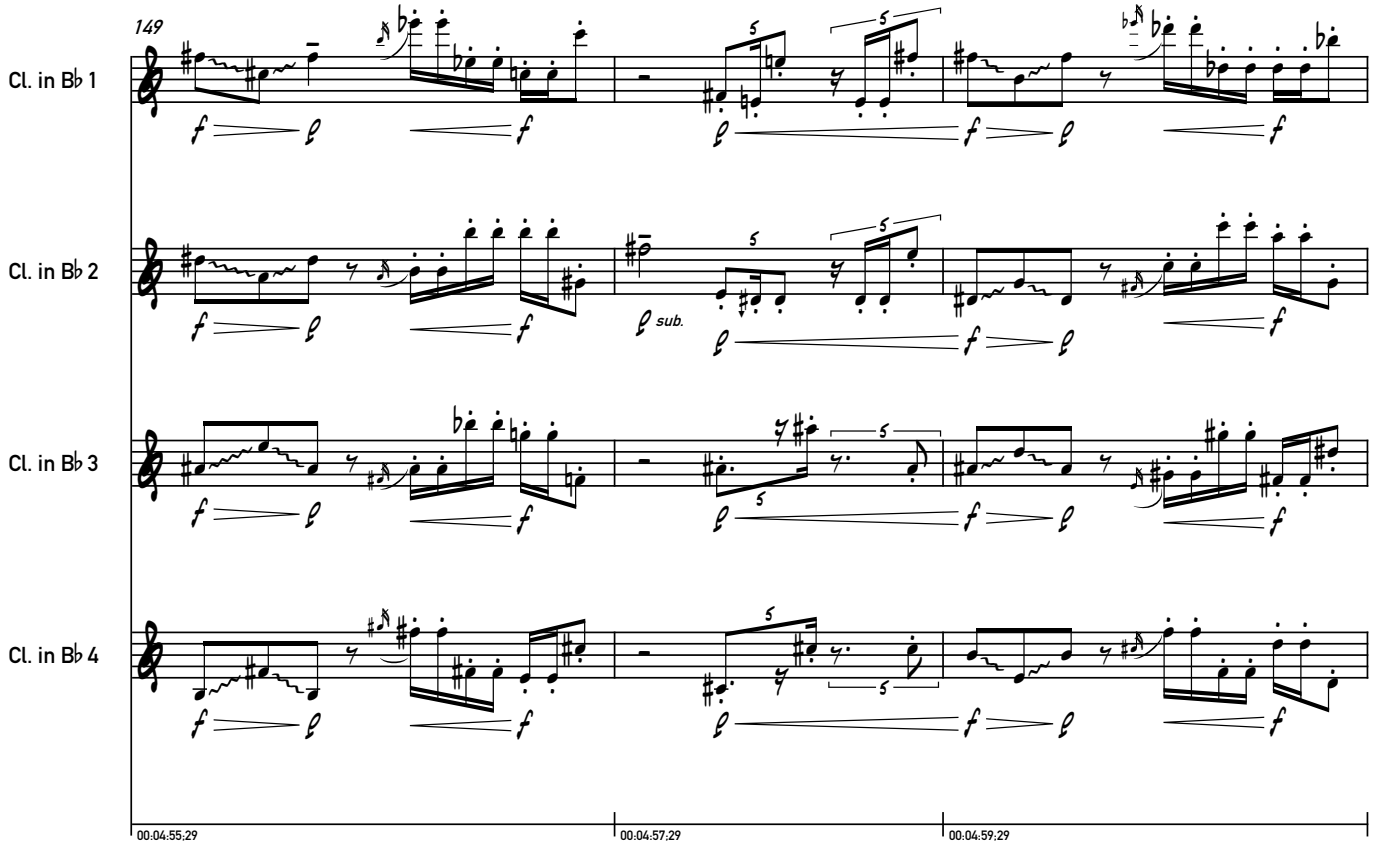

131
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
00:04:20;00
00:04:22;00
00:04:24;00
00:04:26;00
00:04:27;29

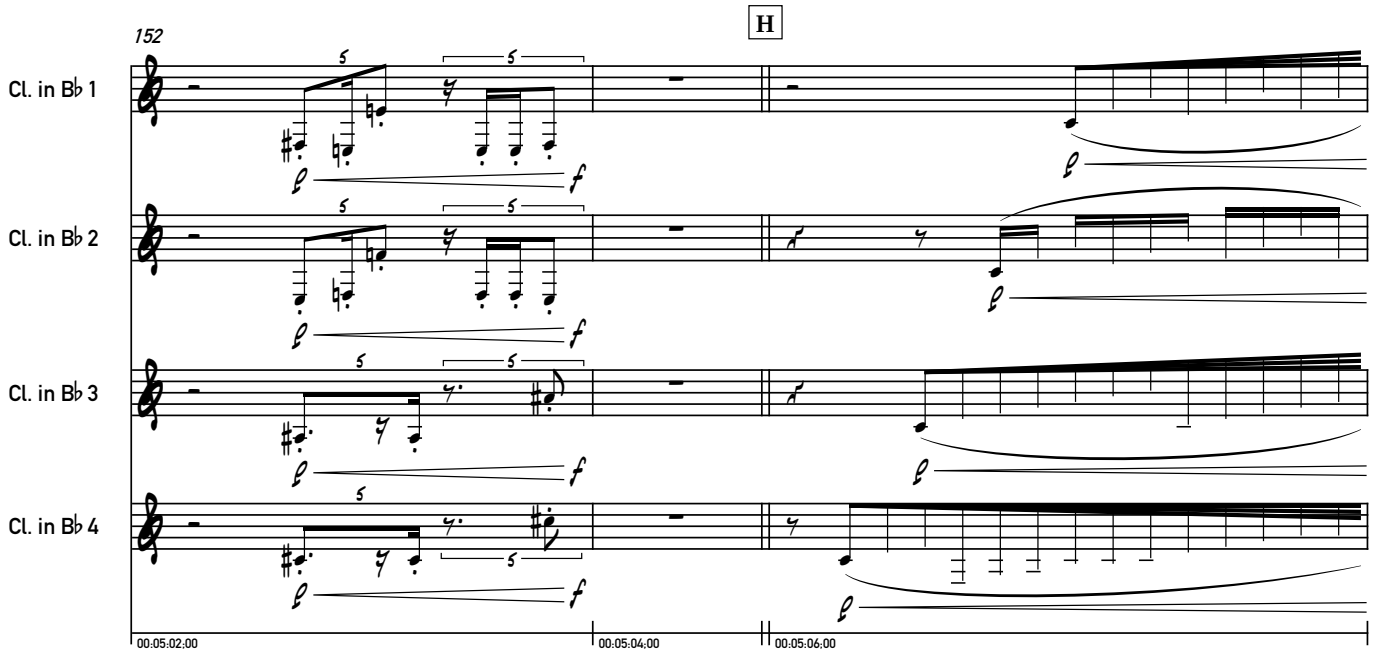

136
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
00:04:29;29
00:04:31;29
00:04:33;29
00:04:35;29
00:04:38;14

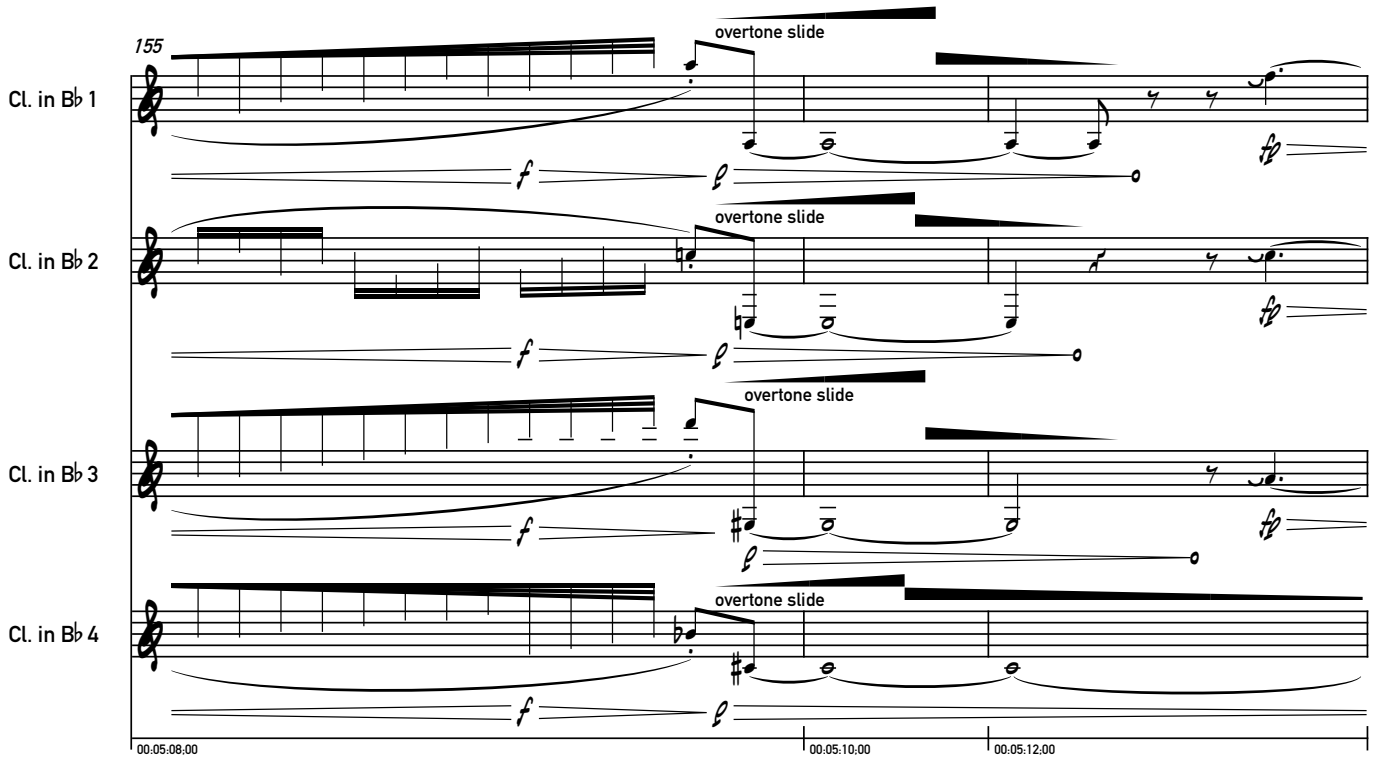

141
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
it's toast - ed
toast - ed it's
00:04:39:29
00:04:41:29

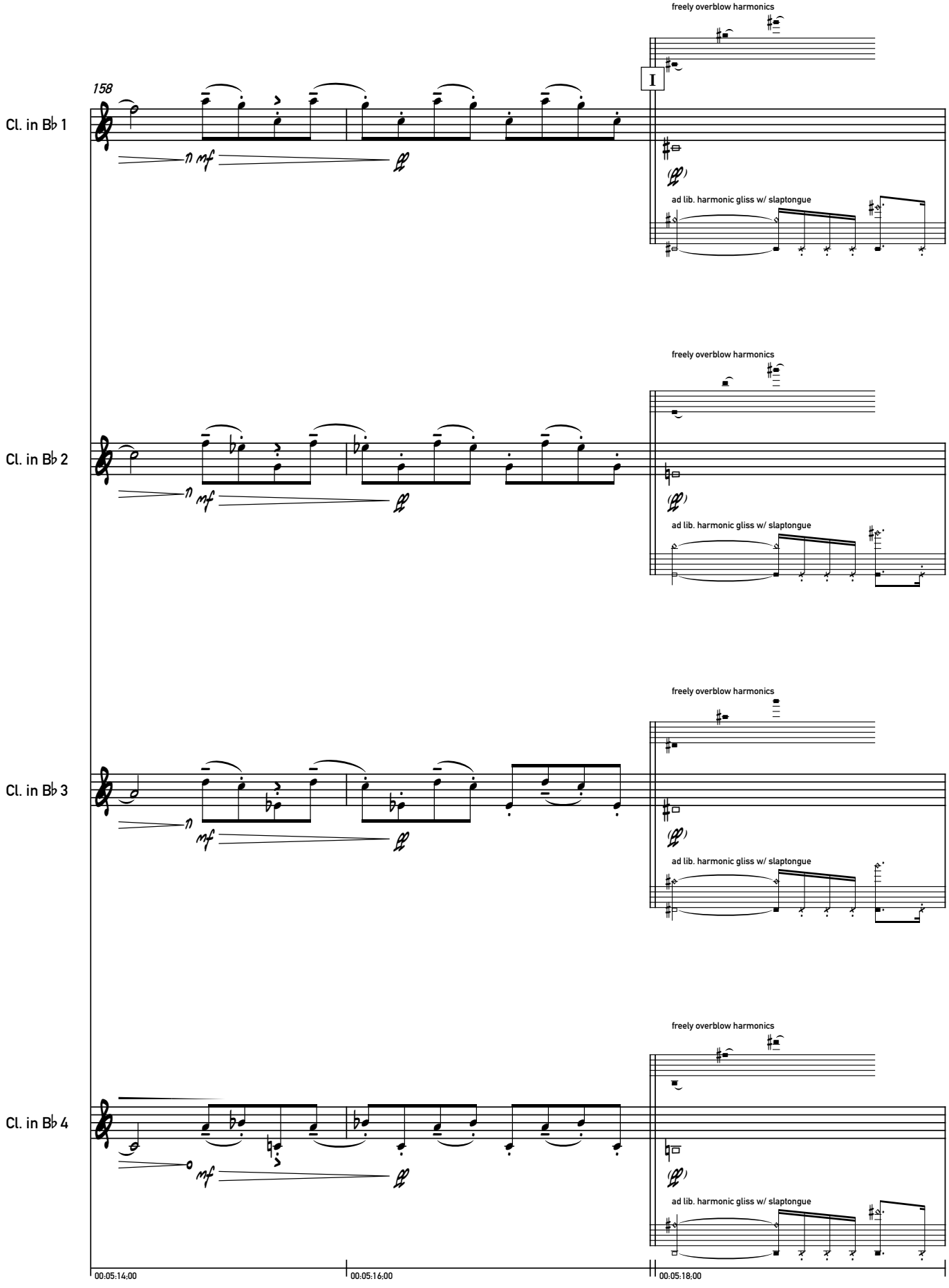

143
G
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
it's toast - ed it's toast - ed it's toast - ed it's toast - ed
toast
00:04:43:29
00:04:45:29
00:04:47:29

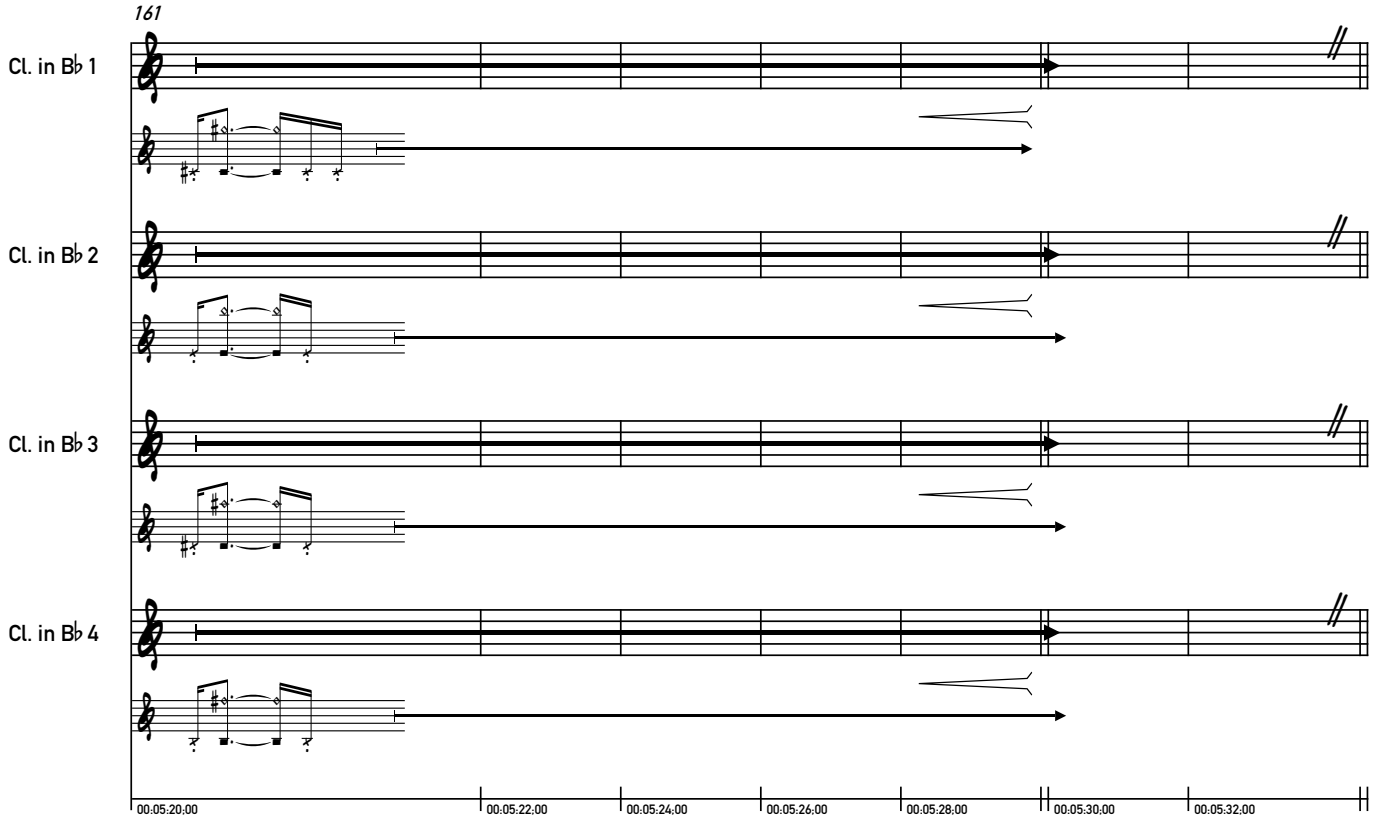

146
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
00:04:49:29
00:04:51:29
00:04:53:29

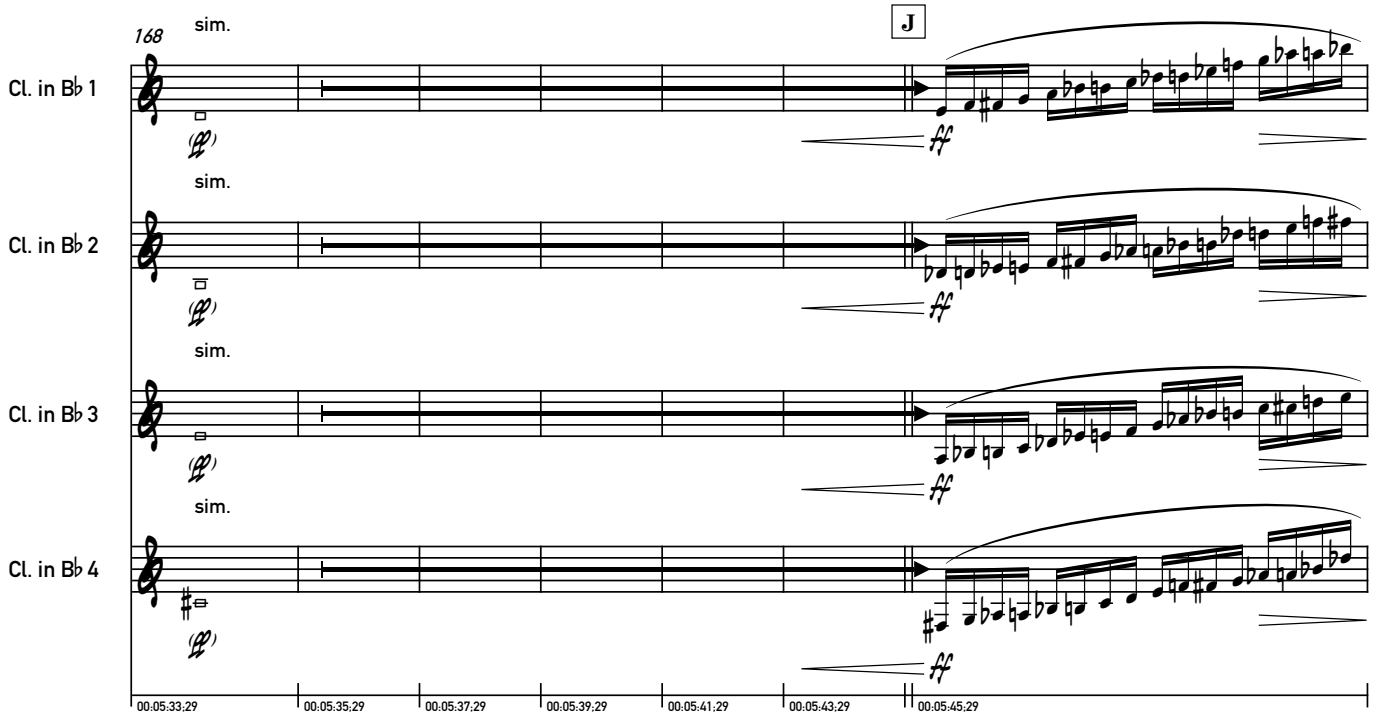

149
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
sub.
00:04:55:29
00:04:57:29
00:04:59:29

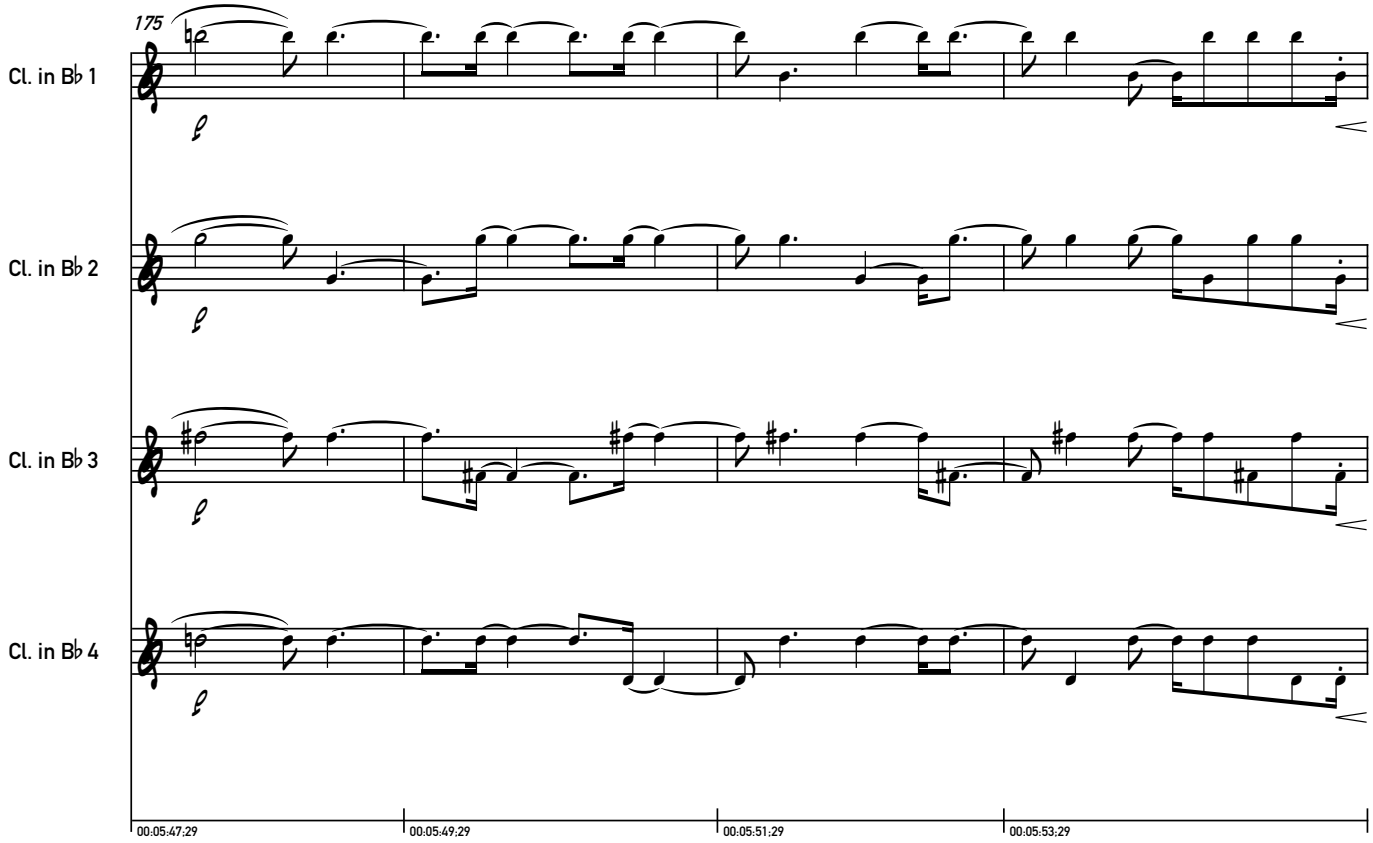

152
H
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
00:05:02:00
00:05:04:00
00:05:06:00

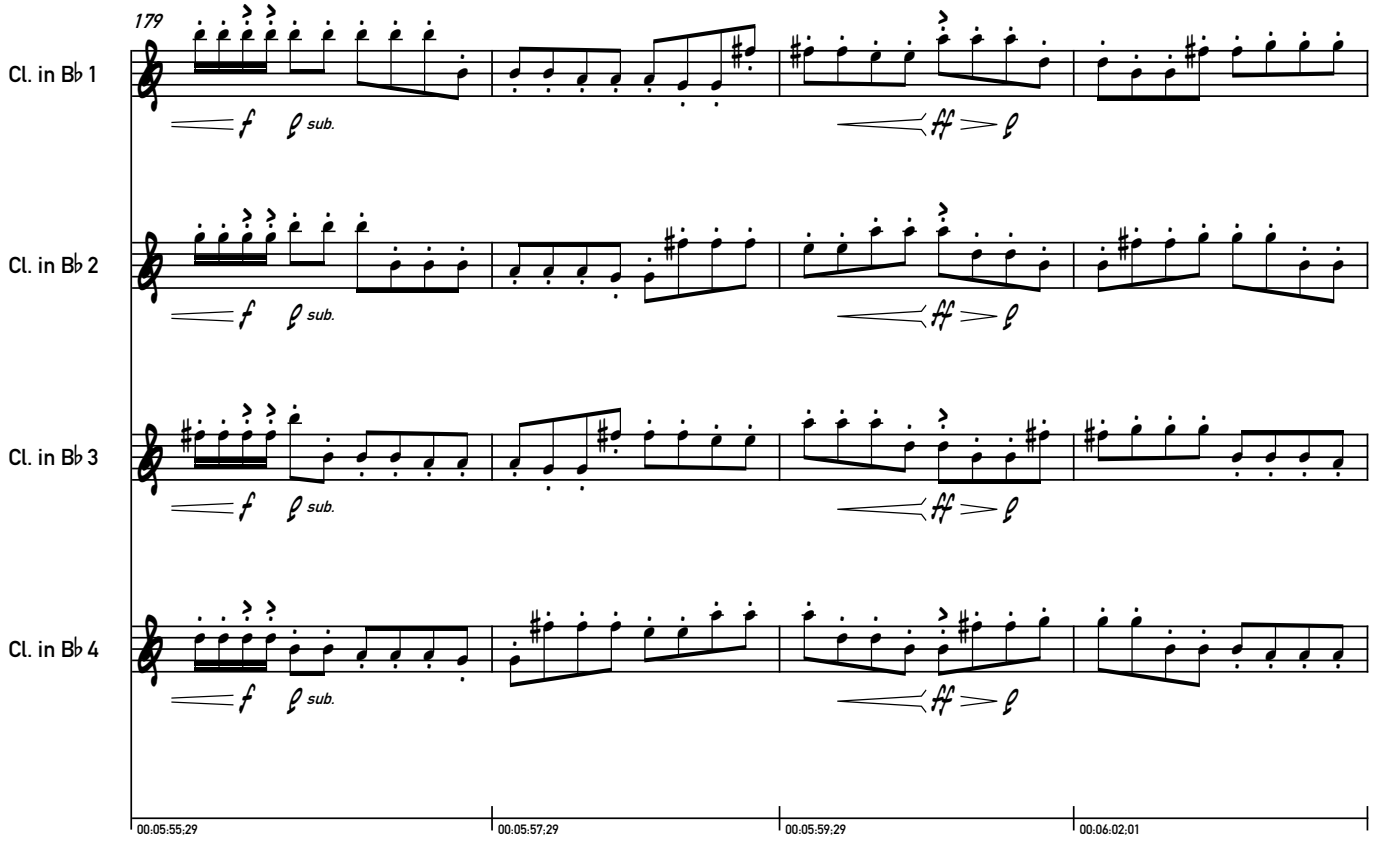

155
overtone slide
overtone slide
overtone slide
overtone slide
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
00:05:08:00
00:05:10:00
00:05:12:00

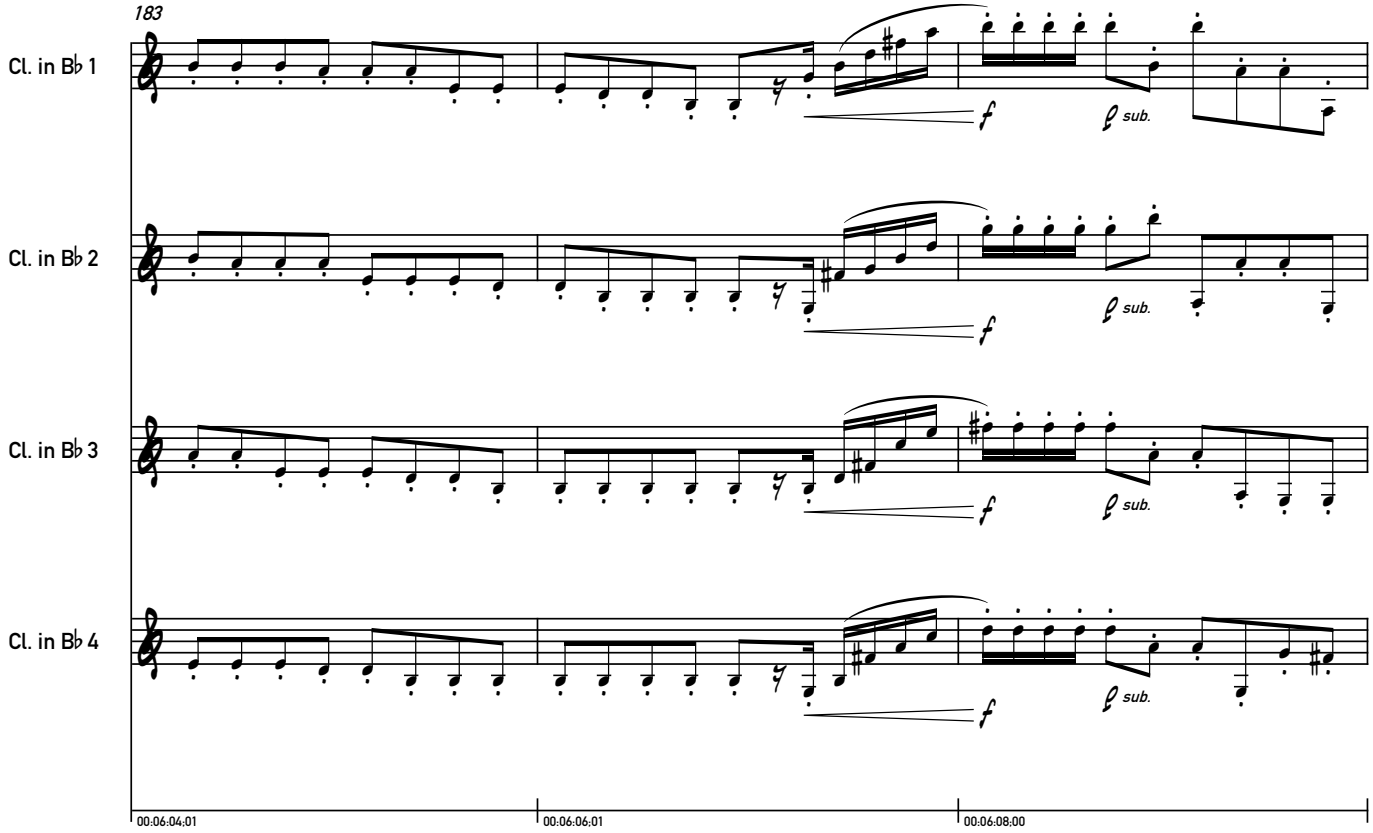

158
I
freely overblow harmonics
ad lib. harmonic gliss w/ slaptongue
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
mf
00:05:14:00
00:05:16:00
00:05:18:00

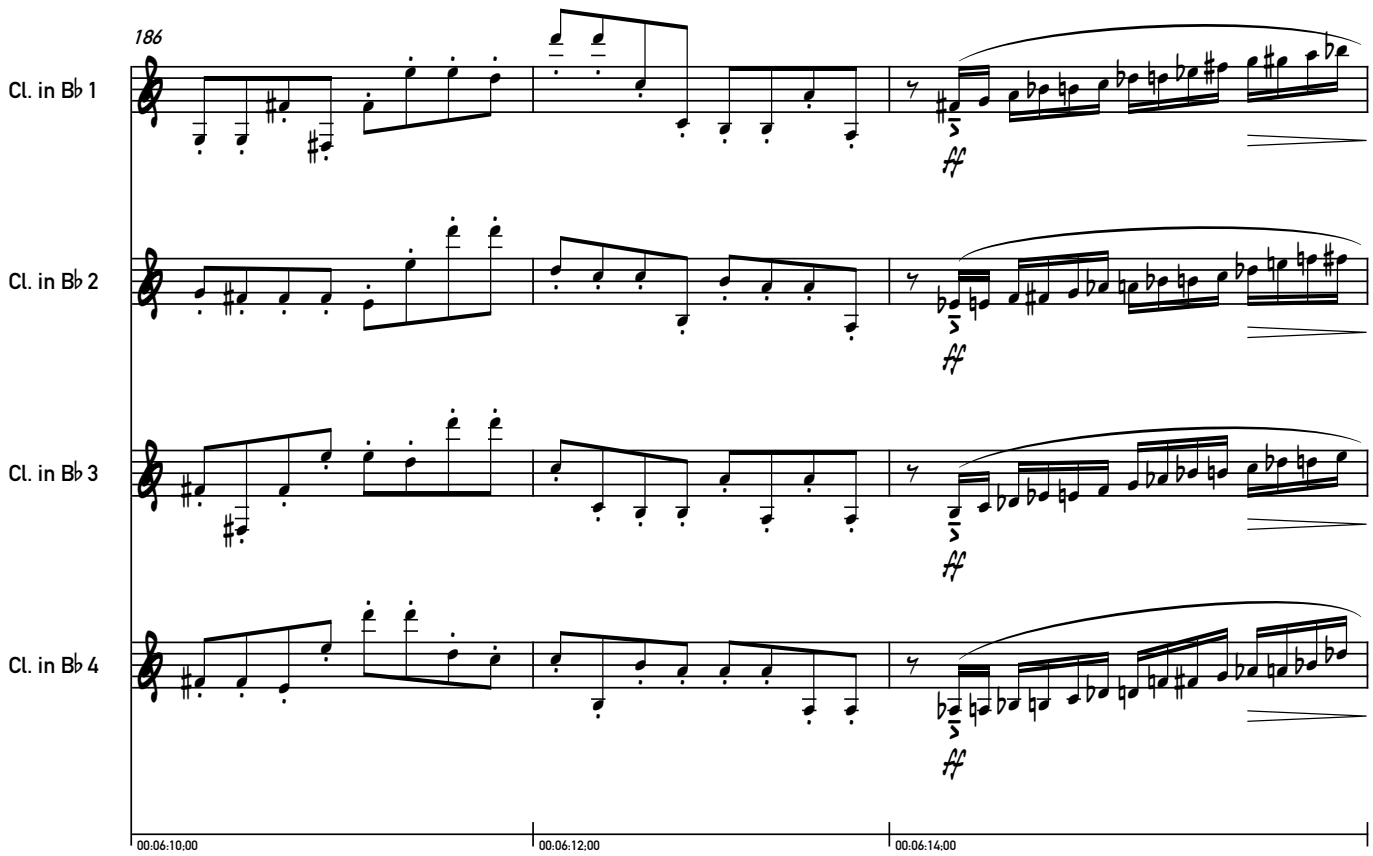

161
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
00:05:20:00
00:05:22:00
00:05:24:00
00:05:26:00
00:05:28:00
00:05:30:00
00:05:32:00

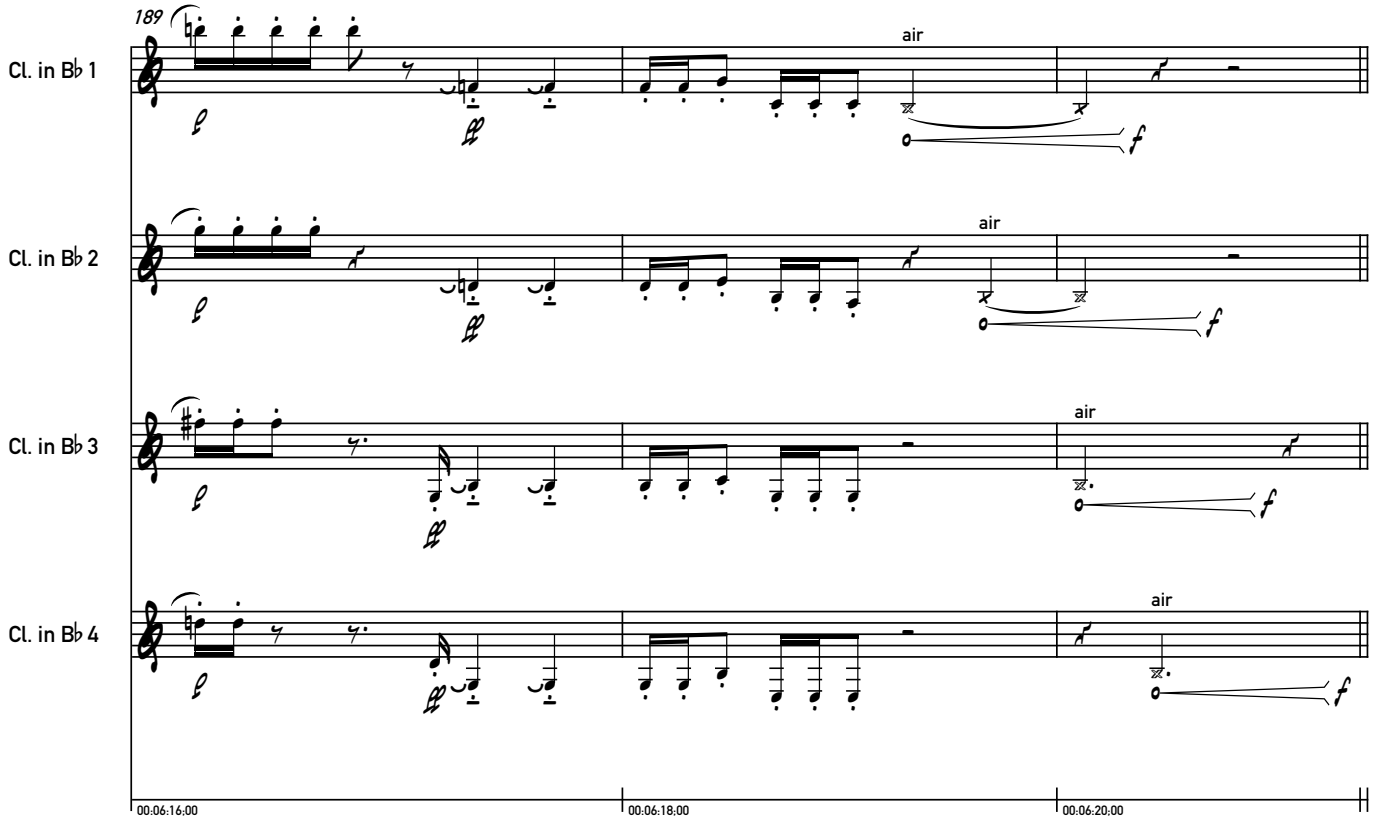

168
sim.
J
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
ff
00:05:33:29
00:05:35:29
00:05:37:29
00:05:39:29
00:05:41:29
00:05:43:29
00:05:45:29


175
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
00:05:47:29
00:05:49:29
00:05:51:29
00:05:53:29

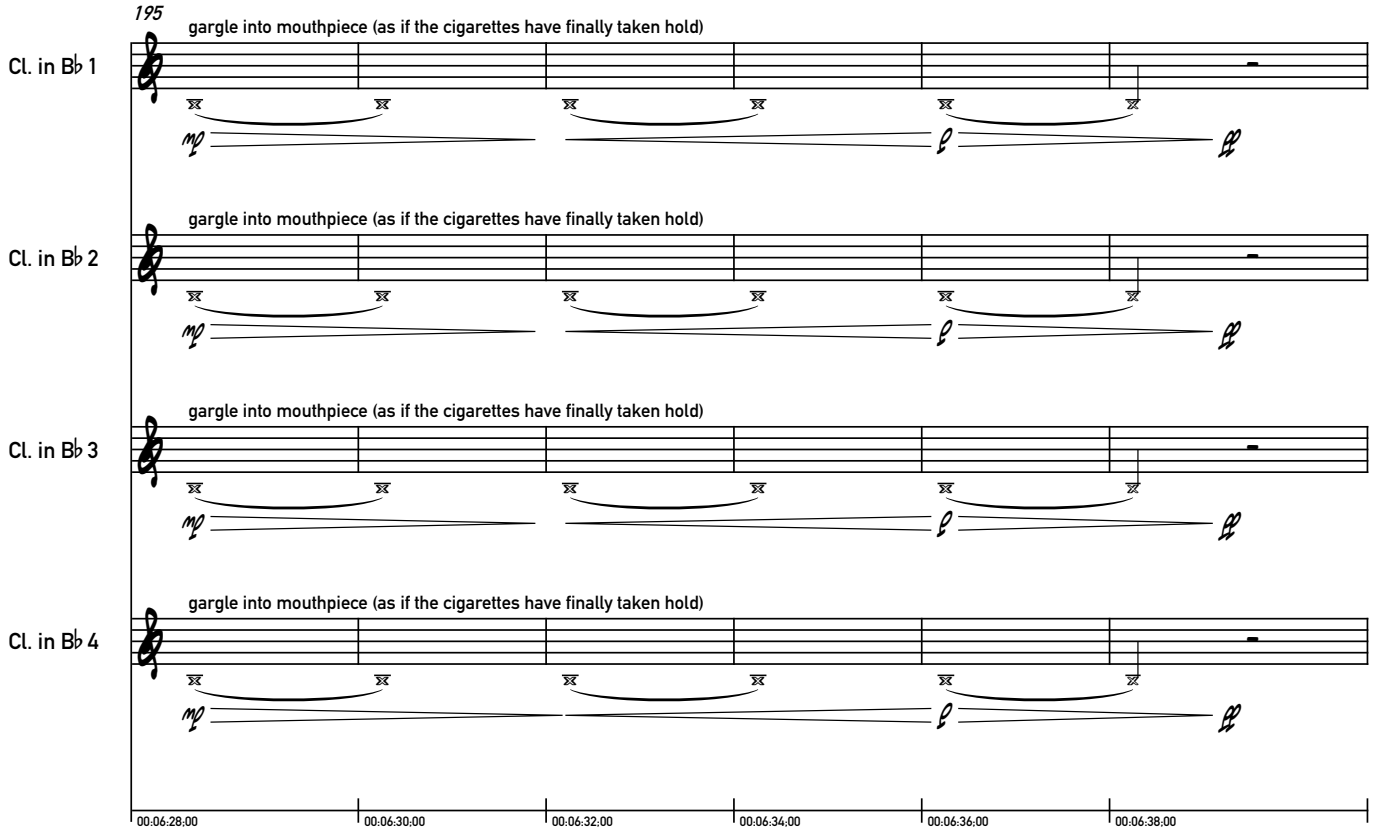

179
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
f
sub.
ff
00:05:55:29
00:05:57:29
00:05:59:29
00:06:02:01

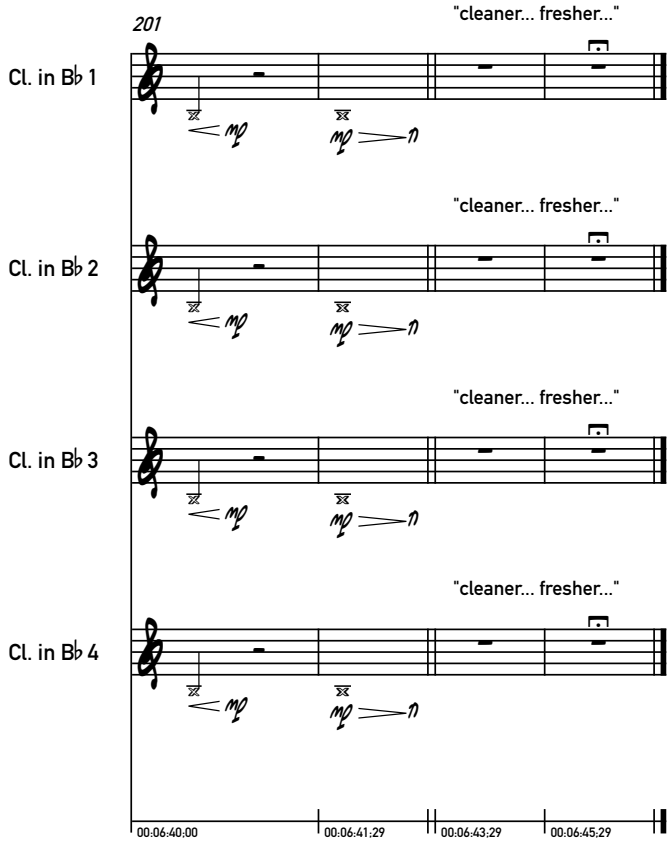

183
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
f
sub.
00:06:04:01
00:06:06:01
00:06:08:00


186
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
ff
00:06:10:00
00:06:12:00
00:06:14:00


189
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
air
air
air
air
f
00:06:16;00
00:06:18;00
00:06:20;00

K
192
ghost tones
ghost tones
ghost tones
ghost tones
Cl. in B♭ 1
Cl. in B♭ 2
Cl. in B♭ 3
Cl. in B♭ 4
00:06:22;00
00:06:24;00
00:06:26;00


195
gargle into mouthpiece (as if the cigarettes have finally taken hold)
Cl. in B♭ 1
gargle into mouthpiece (as if the cigarettes have finally taken hold)
Cl. in B♭ 2
gargle into mouthpiece (as if the cigarettes have finally taken hold)
Cl. in B♭ 3
gargle into mouthpiece (as if the cigarettes have finally taken hold)
Cl. in B♭ 4
mp
00:06:28:00
00:06:30:00
00:06:32:00
00:06:34:00
00:06:36:00
00:06:38:00


201
"cleaner... fresher..."
Cl. in B♭ 1
"cleaner... fresher..."
Cl. in B♭ 2
"cleaner... fresher..."
Cl. in B♭ 3
"cleaner... fresher..."
Cl. in B♭ 4
mp
n
00:06:40:00
00:06:41:29
00:06:43:29
00:06:45:29